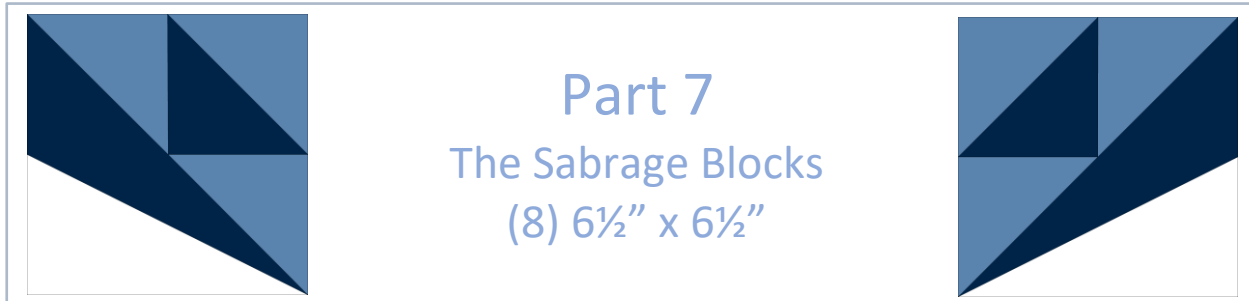




The Cape Winelands Quilt



Sabrage is the dramatic and ceremonial technique of opening a bottle of sparkling wine by striking the neck of the bottle with a sword or sabre. The goal is to cleanly sever the top of the bottle, causing the cork and a small portion of the neck to break off, allowing the wine to spill out in a spectacular fashion. This tradition is often used during celebrations, adding flair and excitement to special occasions.

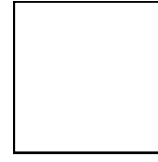
Fabric Requirements:



Dark/Fabric 4
(4) 4½" x 4½" squares
(1½) 3" WOF of 42", **OR**
(2) 3" WOF Shweshwe

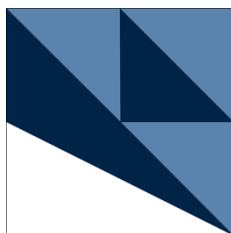


Medium/Fabric 3
(12) 4½" x 4½"
squares

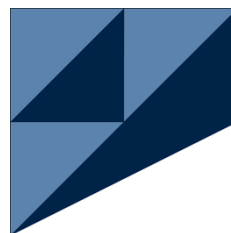


Background/Fabric 1
(4) 4½" x 6¾"
rectangles

Make (4) Sabrage 1 Blocks and (4) Sabrage 2 Blocks



Sabrage 1 Block



Sabrage 2 Block

Foundation Paper Piecing (FPP)

I recommend using FPP to make these blocks since the fabric is cut in the bias. The paper gives support when making these blocks and minimizes distortion when assembling the quilt top.

Please refer to the FPP instructions provided in Part 3.

1. Prepare (4) Sabrage 1 Blocks FPP patterns and (4) Sabrage 2 Blocks FPP patterns.

2. Prepare the templates for cutting the fabric. I recommend that you cut a $\frac{1}{8}$ " wider than the template to allow for easier placement of the fabric on the pattern. **Re-use Templates G and H from Part 4.**
3. **From Dark/Fabric 4**, cut (4) $4\frac{1}{2}$ " x $4\frac{1}{2}$ " squares across the diagonal to make (8) triangles. Cut (4) triangles using **Template N** and (4) triangles using **Template O**.

From the Medium/Fabric 3, cut (12) $4\frac{1}{2}$ " x $4\frac{1}{2}$ " squares across the diagonal to make (24) triangles.

From the Background/Fabric 1, cut (2) $4\frac{1}{2}$ " x $6\frac{3}{4}$ " rectangles and with the right side of the fabric up, use **Template G** to cut along the diagonal from top left to bottom right to make (4) triangles. Cut (2) $4\frac{1}{2}$ " x $6\frac{3}{4}$ " rectangles and with the right side of the fabric up, use **Template H** to cut along the diagonal from top right to bottom left to make (4) triangles.

4. Precut all the fabric and do chain piecing to speed up the process. Follow the **FPP instructions provided in Part 3** to make (4) Sabrage 1 Blocks FPP patterns and (4) Sabrage 2 Blocks.
5. Press the block and trim to $6\frac{1}{2}$ " x $6\frac{1}{2}$ ".

Happy Stitching!

Please share your progress pics on the sew-cial networks tag [@ghqg_south_africa](#) and [@compiondl](#)
Post with the hashtags [#GHQGMysteryQuilt](#) [#thecapewinlandsquilt](#)
on Instagram and Facebook

You are welcome to contact me if you have any questions: dlcompion@gmail.com