



The Good Hope Quilters' Guild Mystery Quilt 2025

www.goodhopequiltersguild.org.za

The Cape Winelands Quilt



Simonsberg is not only a geographical landmark but also a crucial part of South Africa's wine identity. With its unique shape, diverse soils, and ideal growing conditions, it remains one of the country's most important and prestigious regions for wine production. The mountain's historical significance, combined with its beauty and cultural importance, makes Simonsberg a vital part of the Cape Winelands and a destination for wine lovers and outdoor enthusiasts alike.

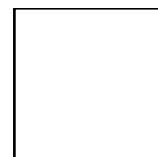
Fabric Requirements:



Dark/Fabric 4
(8) $4\frac{1}{2}$ " x $6\frac{3}{4}$ "
rectangles



Medium/Fabric 3
(1) $3\frac{1}{2}$ " of 42" WOF, **OR**
($\frac{1}{4}$) $3\frac{1}{2}$ " WOF
Shweshwe



Background/Fabric 1
(1) 4" of 42" WOF, **OR**
($\frac{1}{4}$) 4" WOF Shweshwe

Make (8) Simonsberg Blocks

OPTION 1: FOUNDATION PAPER PIECING (FPP)

I recommend using FPP to make these blocks since the fabric is cut on the bias. The paper gives support when making these blocks and minimizes distortion when assembling the quilt top.

Please refer to the FPP instructions provided in Part 3.

1. Prepare (8) FPP pattern units as mentioned above.
2. Prepare the templates for cutting the fabric. I recommend that you cut the fabric $\frac{1}{8}$ " wider than the template to allow for easier placement of the fabric on the pattern.
Re-use Templates G and H from Part 4.

3. From Dark/Fabric 4, cut (4) $4\frac{1}{2}$ " x $6\frac{3}{4}$ " rectangles and with the right side of the fabric up, use **Template G** to cut along the diagonal from top left to bottom right to make (8) triangles. Cut (4) $4\frac{1}{2}$ " x $6\frac{3}{4}$ " rectangles and with the right side of the fabric up, use **Template H** to cut along the diagonal from top right to bottom left to make (8) triangles.

From the Medium/Fabric 3, cut (8) diamonds using **Template J**.

From the Background/Fabric 1, cut (16) triangles using **Template K**.

4. Precut all the fabric and use chain piecing to speed up the process. Follow the **FPP instructions provided in Part 3** to make (8) Simonsberg Blocks.
5. Press the block and trim to $6\frac{1}{2}$ " x $6\frac{1}{2}$ ".

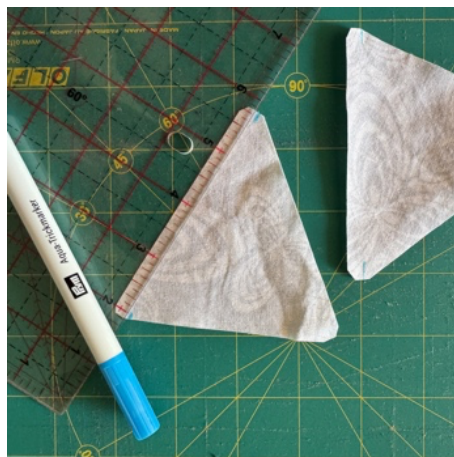
OPTION 2: TEMPLATES

1. Print the templates document. Please ensure that the printer is set to scale:100% or "Actual Size". Use the 1" block to confirm correct size.
2. Cut out the four paper templates. (Re-use **Templates G and H** from **Part 4**)
3. Place the templates on the right side of the fabric. Lay the ruler on the edge of the template, with the $\frac{1}{4}$ " mark on the ruler slightly to the right of the seam allowance. Use a rotary cutter to cut the fabric. Do not cut the paper.
4. From the **Dark/Fabric 4**, cut (4) $4\frac{1}{2}$ " x $6\frac{3}{4}$ " rectangles and with the right side of the fabric up, use **Template G** to cut along the diagonal from top left to bottom right to make (8) triangles. Cut (4) $4\frac{1}{2}$ " x $6\frac{3}{4}$ " rectangles and with the right side of the fabric up, use **Template H** to cut along the diagonal from top right to bottom left to make (8) triangles.

From the **Medium/Fabric 3**, cut (8) diamonds using **Template J**.

From the **Background/Fabric 1**, cut (16) triangles using **Template K**.

5. On the back of the **Background/Fabric 1** triangles, mark the $\frac{1}{4}$ " seam allowance of the angled seam (the start and end only) with a short line.



- Place the **Background/Fabric 1** triangle on the **Medium/Fabric 3** diamond, right sides together, aligning the edges. The line you marked should be positioned so that it touches the edge of the medium fabric underneath. Pin in position.



- Sew slowly and avoid stretching or pulling the fabric, as these are bias edges. Set stitching and press seams open.
- Repeat pinning and sewing for the other side. Set the stitching, press seams open and trim dog ears.
- On the back of the **Dark/Fabric 4** triangles, mark the $\frac{1}{4}$ " seam allowance of the angled seam (the start and end only) with a short line.
- Place the **Dark/Fabric 4** triangle on the sewn unit, right sides together, aligning the edges. The line you marked should be positioned so that it touches the edge of the medium fabric underneath. Pin in position.
- Sew slowly and avoid stretching or pulling the fabric, as these are bias edges. Set stitching and press seams open.
- Repeat pinning and sewing for the other side. Set the stitching, press seams open and trim dog ears.



13. Press the block and trim to 6½" x 6½".

Happy Stitching!

Please share your progress pics on the sew-cial networks tag [@ghqg_south_africa](#) and [@compiodl](#)
Post with the hashtags [#GHQGMysteryQuilt](#) [#thecapewinelandsqilt](#)
on Instagram and Facebook

You are welcome to contact me if you have any questions: dlcompion@gmail.com