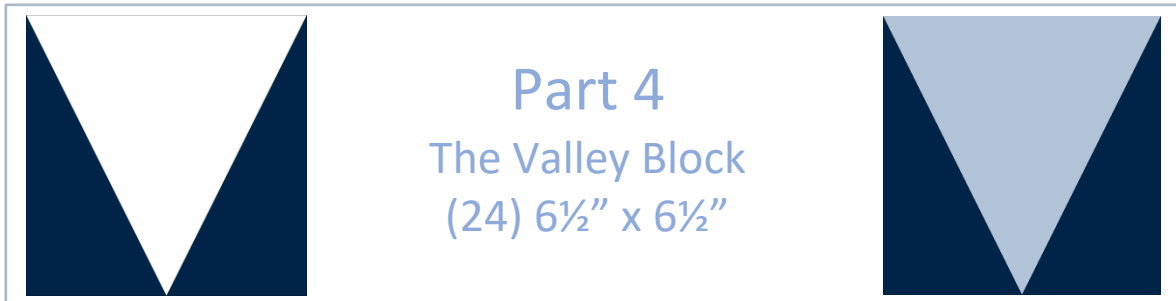




The Cape Winelands Quilt



The valleys of the Cape Winelands offer a unique set of geographical, climatic, and soil-related factors that make them ideal for vineyards. The combination of mountain ranges, moderating coastal influences, diverse soils, and favourable climatic conditions creates an environment where grapevines can thrive and produce high-quality wines

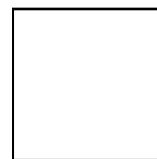
Fabric Requirements:



Dark/Fabric 4
(24) 4½" x 6¾"
rectangles



Light/Fabric 2
(1) 7" WOF of 42", **OR**
(1¼) 7" WOF Shweshwe



Background/Fabric 1
(1¾) 7" WOF of 42", **OR**
(2½) 7" WOF Shweshwe

Make (16) Background/Fabric 1 Valley Blocks and (8) Light/Fabric 2 Valley Blocks



(16) Background/Fabric 1 Valley Blocks



(8) Light/Fabric 2 Valley Blocks

OPTION 1: FOUNDATION PAPER PIECING (FPP)

I recommend using FPP to make these blocks since the fabric is cut in the bias. The paper gives support when making these blocks and minimizes distortion when assembling the quilt top.

Please refer to the FPP instructions provided in Part 3.

1. Prepare (24) FPP pattern units.
2. Prepare the templates for cutting the fabric. I recommend that you cut the fabric $\frac{1}{8}$ " wider than the template to allow for easier placement of the fabric on the pattern.
Please save these templates for re-use in the weeks to come.
3. From **Dark/Fabric 4**, cut (12) $4\frac{1}{2}$ " x $6\frac{3}{4}$ " rectangles and with the right side of the fabric up, use **Template G** to cut along the diagonal from top left to bottom right to make (24) triangles. Cut (12) $4\frac{1}{2}$ " x $6\frac{3}{4}$ " rectangles and with the right side of the fabric up, use **Template H** to cut along the diagonal from top right to bottom left to make (24) triangles.

From the **Light/Fabric 2**, with the right side of the fabric up, cut (8) triangles using **Template I**.

From the **Background/Fabric 1**, with the right side of the fabric up, cut (16) triangles using **Template I**.

4. Precut all the fabric and use chain piecing to speed up the process. Follow the **FPP instructions provided in Part 3** to make (16) Background/Fabric 1 Valley Blocks and (8) Light/Fabric 2 Valley Blocks.
5. Press the block and trim to $6\frac{1}{2}$ " x $6\frac{1}{2}$ ".

OPTION 2: TEMPLATES

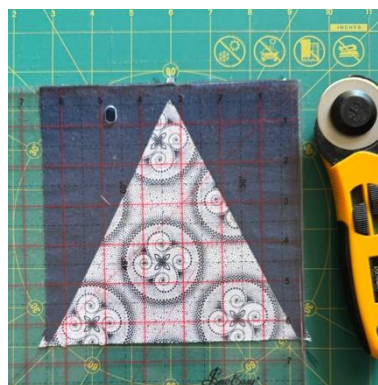
1. Print the templates document. Please ensure that the printer is set to scale: 100% or "Actual Size". Use the 1" block to confirm correct size.
2. Cut out the paper **Templates G, H, I**.
3. From the **Dark/Fabric 4**, cut (12) $4\frac{1}{2}$ " x $6\frac{3}{4}$ " rectangles and with the right side of the fabric up, use **Template G** to cut along the diagonal from top left to bottom right to make (34) triangles. Cut (12) $4\frac{1}{2}$ " x $6\frac{3}{4}$ " rectangles and with the right side of the fabric up, use **Template H** to cut along the diagonal from top right to bottom left to make (34) triangles.

From the **Light/Fabric 2**, with the right side of the fabric up, cut (8) triangles using **Template I**.

From the **Background/Fabric 1**, with the right side of the fabric up, cut (16) triangles using **Template I**.

4. On the back of the Dark Fabric, mark the $\frac{1}{4}$ " seam allowance of the angled seam (the start and end only) with a short line.

- Place the Dark Fabric on the Light Fabric, right sides together, aligning the edges. The line you marked should be positioned so that it touches the edge of the Light Fabric underneath. Pin in position.



- Sew slowly and avoid stretching or pulling the fabric, as these are bias edges. Set stitching and press seams to the Dark Fabric (or open).
- Repeat pinning and sewing for the other side. Set the stitching, press seams to the Dark Fabric (or open) and trim dog ears.
- Make (16) **Background/Fabric 1 Valley Blocks** and (8) **Light/Fabric 2 Valley Blocks**.
- Press the block and trim to $6\frac{1}{2}'' \times 6\frac{1}{2}''$.

TIP: SPEED SEWING - Since there are a lot of these blocks to make, I would recommend preparing the pieces in advance by cutting, marking, and pinning all the pieces before chain-piecing the units together.

Happy Stitching!

Please share your progress pics on the sew-cial networks tag [@ghqg_south_africa](#) and [@compiodl](#)
Post with the hashtags [#GHQGMysteryQuilt](#) [#thecapewinlandsquilt](#)
on Instagram and Facebook

You are welcome to contact me if you have any questions: dlcompion@gmail.com