



Part 3

The Good Hope Quilters' Guild Mystery Quilt 2025

www.goodhopequiltersguild.org.za

The Cape Winelands Quilt



Different wine glasses are not about "necessity", but rather about enhancing the wine-drinking experience by aligning the glass's shape with the wine's characteristics. While you can enjoy wine from any glass, the right glass for the right wine optimizes the aromas, flavours, and textures that make each wine unique.

Approximate Fabric Requirements:



Dark/Fabric 4
¼ m 42" WOF
¼ m Shweshwe



Light/Fabric 2
½ m 42" WOF
⅜ m Shweshwe

The Wine Glass Block (WGB) is the first Foundation Paper Piecing (FPP) block of the Cape Winelands Quilt. If you are familiar with some of my work, you may have noticed that I have a bit of a FPP obsession. FPP is the perfect method to make this block – the neat, crisp, and perfectly aligned points are always super satisfying, especially if you work with oddly shaped fabric pieces.

Printable FPP patterns and templates for cutting the fabric (including a ¼" seam allowance) are provided in a separate document. **Please save these templates to re-use.**

Make sure the printer setting is on "Actual Size" or "Scale: 100%" when printing your patterns and templates. After printing, use the 1" square to test that your size is correct.

Some Basic Tips for FPP:

- Shorten the sewing machine stitch length to about 1.5 when sewing FPP. The shorter stitch length will allow for easy removal of the paper, without distorting the stitches.
- Use a standard presser foot without a guide.

- Use a sharp new needle at the beginning of each FPP project.
- Always follow the numbering on the paper pieces as the order for stitching the seams.
- Stitch on the solid lines.

Basic FPP Instructions:

1. Make enough copies of the FPP patterns to make the number of blocks required and cut out the FPP patterns about ¼” from the final cutting line. Fold along each sewing line. This provides a visual guide for fabric placement, and this also helps when trimming the fabric.
2. With the FPP pattern the wrong side up (unprinted side of the paper), pin the fabric right side up to the pattern, using the numbering on the pattern as the order of sewing. I use the light on my sewing machine to see the lines on the reverse of the pattern. Make sure the pin is not on the sewing line. I recommend prepping all the blocks. This way you can chain-stitch and chain-trim to speed up the process.
3. After you have attached a piece of fabric, fold back the paper and trim the seam allowance ¼” from the folded edge.
4. Fold back the paper and align the edges of the next fabric, right sides together. Pin fabric a good distance from the sewing line.

TIP: Since FPP doesn't always allow for pressing your seams to the dark fabric, always align the light fabric a thread's width beyond the dark fabric, and the dark fabric a thread's width inside the light fabric. This way there won't be any dark seams shadowing to the front.

5. Start sewing outside the seam allowance (the dotted lines) of the pattern.
6. Press your seams and repeat the process with the next fabric. A good finger press or using a seam presser can be sufficient to achieve neat final blocks if the fabric pieces are not too big.
7. Once all your units have been completed, trim along the outside cutting lines.
8. Be extremely careful and gentle when removing the paper. It is very important to support the stitch line and always try to pull towards the edge, rather than from the edge. You can easily accidentally remove a whole seam by even just lightly tugging on the thread of one of these short seams (trust me, I speak from experience!).

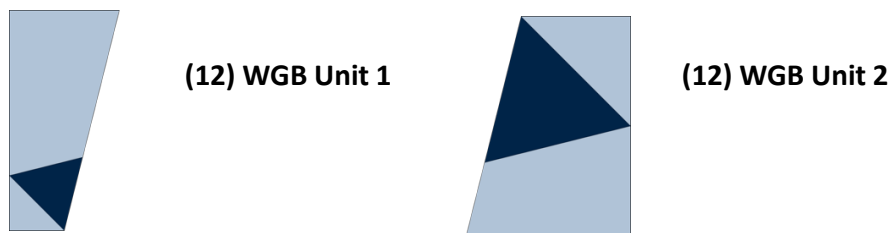
Make (12) Wine Glass Blocks:

1. Prepare (12) FPP pattern units as mentioned above.
2. Prepare the templates for cutting the fabric. I recommend that you cut a $\frac{1}{8}$ " wider than the template to allow for easier placement of the fabric on the pattern.

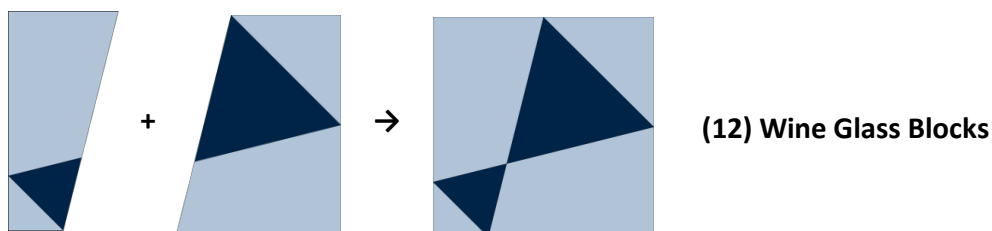
From **Dark/Fabric 4**, cut (12) triangles using **Template A** and (12) triangles using **Template B**.

From the **Light/Fabric 2**, Cut (12) units each of **Templates C – F**.

3. Precut all the fabric and do chain piecing to speed up the process. Follow the instructions above to make (12) FPP WGB Unit 1 and (12) FPP WGB Unit 2.



4. Trim the units by cutting on the dotted lines. You can choose to remove the paper at this stage or after sewing the units together.
5. Pair WGB Unit 1 and WGB Unit 2, right sides together. Align the seams and pin. Sew together. Repeat for all (12) blocks.



6. Press the block and trim to $6\frac{1}{2}$ " x $6\frac{1}{2}$ ".

Happy Stitching!

Please share your progress pics on the sew-cial networks tag [@ghqg_south_africa](#) and [@compiodl](#)
Post with the hashtags [#GHQGMysteryQuilt](#) [#thecapewinlandsquilt](#)
on Instagram and Facebook

You are welcome to contact me if you have any questions: dlcompion@gmail.com