



The Cape Winelands Quilt



Planting grapevines in rows is a practical and efficient method that has become the standard in vineyards worldwide. This system allows for optimized space utilization, improved airflow, easier maintenance, and the possibility of mechanized harvesting. The row structure also supports efficient use of resources like water and soil, all while ensuring that the vines can thrive and produce high-quality grapes. Whether in old-world vineyards with traditional hand-picking methods or modern, large-scale commercial operations, row planting is a central element of viticulture that has evolved to meet both agricultural needs and the demands of wine production.

Fabric requirements and cutting chart:

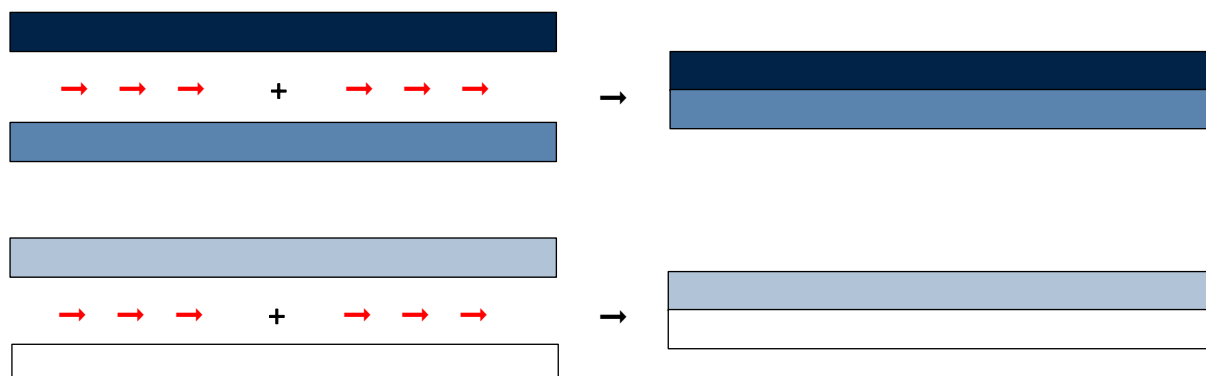
If you are using standard 42" wide fabric, I recommend that you first cut 16" (width of fabric) WOF strips of each fabric and then trim the strips to 16" x 32". This will reduce fabric wastage. Save the off cuts to use in future weeks.

Sub-cut the fabric:

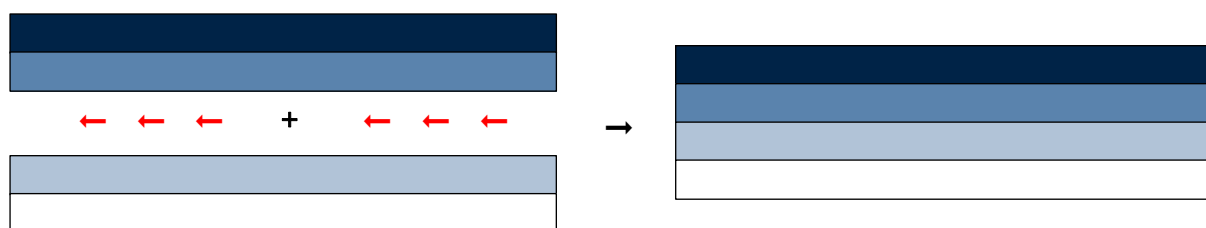
	16" x 32" strips	Shweshwe (WOF)
Dark/Fabric 4	(8) 2" strips	(8) 2" strips
Medium/Fabric 3	(8) 2" strips	(8) 2" strips
Light/Fabric 2	(8) 2" strips	(8) 2" strips
Background/Fabric 1	(8) 2" strips	(8) 2" strips

1. Align the Medium and Dark Fabric strips in pairs, right sides together, and secure with pins. Do the same with the Light and Background Fabric.

- Chain-piece (feeding one unit after another without cutting the joining threads) to speed up the process. Stitch the strips together with a scant $\frac{1}{4}$ " seam allowance in the direction as indicated by the red arrows.



- Set the stitches by pressing the sewn lines to settle the stitches into the fabric.
- Align the Medium and Light Fabric strips, right sides together, and secure with pins. Stitch the strips together in the *opposite* direction, as indicated by the red arrows.



TIP: When sewing long strips of fabric together, alternate the sewing direction with the alternate rows. This allows for straight seams and minimize bowing of the sewn strips. This will help to avoid making misshaped blocks and will ultimately give you much neater looking finished blocks.

- Set the stitches and press the seams to the darker fabric or open.
- You will make (8) strip sets. **Do not** cut the strips! Place them aside somewhere safe, we will use them in the coming weeks as we need them.

Happy Stitching!

Please share your progress pics on the sew-cial networks tag [@ghqg_south_africa](#) and [@compiondl](#)
Post with the hashtags [#GHQGMysteryQuilt](#) [#thecapewinlandsquilt](#)
on Instagram and Facebook

You are welcome to contact me if you have any questions: dlcompion@gmail.com