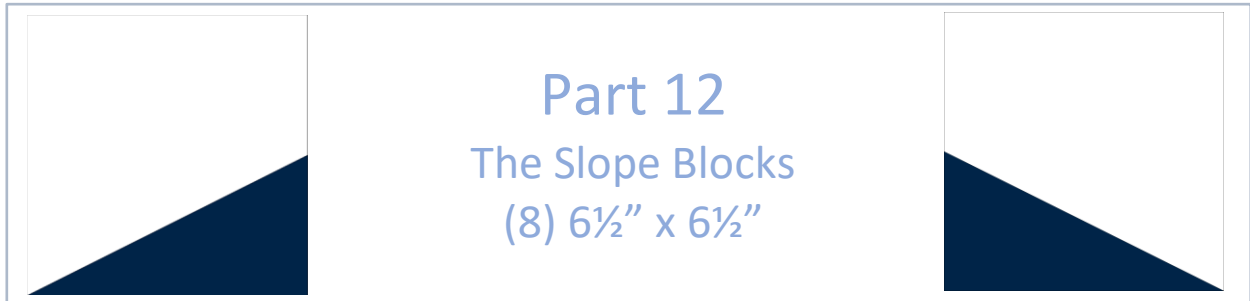




# The Cape Winelands Quilt



The slopes of the Cape Winelands offer a perfect blend of terrain, climate, and soil conditions that make the region one of South Africa's most prestigious wine-growing areas. The mountainous terrain ensures excellent drainage, provides optimal sunlight exposure, moderates temperatures, and creates diverse microclimates for growing a wide range of grape varieties. Combined with the region's rich soils, cooling breezes, and natural beauty, the slopes of the Cape Winelands play a crucial role in the production of world-class wines that are sought after by wine enthusiasts worldwide.

## Make (4) "Uphill" Slope Blocks and (4) "Downhill" Slope Blocks

### OPTION 1: Foundation Paper Piecing (FPP)

#### Fabric Requirements:



Dark/Fabric 4  
(4) 4½" x 6¾"  
rectangles



Background/Fabric  
(1) 6½" strip of WOF 42" **OR**  
(1½) 6½" strip of WOF Shweshwe

I recommend using FPP to make these blocks since the fabric is cut in the bias. The paper gives support when making these blocks and minimizes distortion when assembling the quilt top.

#### Please refer to the FPP instructions provided in Part 4.

1. Prepare (4) "Uphill" FPP patterns and (4) "Downhill" FPP patterns.
2. **Re-use Templates G and H from Part 4.** Prepare template Q and R.

- From **Dark/Fabric 4**, cut (2)  $4\frac{1}{2}'' \times 6\frac{3}{4}''$  rectangles and with the right side of the fabric up, use **Template G** to cut along the diagonal from top left to bottom right to make (4) triangles. Cut (2)  $4\frac{1}{2}'' \times 6\frac{3}{4}''$  rectangles and with the right side of the fabric up, use **Template H** to cut along the diagonal from top right to bottom left to make (4) triangles.

From the **Background/Fabric 1**, with the right side of the fabric up, use **Template Q** to cut (4) trapezoids and use **Template R** to cut (4) trapezoids.

- Precut all the fabric and chain-piece to speed up the process. Follow the **FPF instructions provided in Part 3** to make (4) "Uphill" Slope Blocks and (4) "Downhill" Slope Blocks.



(4) "Uphill" Slope Blocks



(4) "Downhill" Slope Blocks

- Press the block and trim to  $6\frac{1}{2}'' \times 6\frac{1}{2}''$ .

## OPTION 2: TEMPLATES



Dark/Fabric 4  
(4)  $4\frac{1}{2}'' \times 6\frac{3}{4}''$   
rectangles



Background/Fabric 1  
(8)  $6\frac{1}{2}'' \times 6\frac{1}{2}''$   
squares

- Re-use **Templates G and H** from **Part 4**. Prepare **Templates Q and R**.
- From the **Dark/Fabric 4**, cut (2)  $4\frac{1}{2}'' \times 6\frac{3}{4}''$  rectangles and with the right side of the fabric up, use **Template G** to cut along the diagonal from top left to bottom right to make (4) triangles. Cut (2)  $4\frac{1}{2}'' \times 6\frac{3}{4}''$  rectangles and with the right side of the fabric up, use **Template H** to cut along the diagonal from top right to bottom left to make (4) triangles. Use the template as your guide for cutting, but do not cut into the paper.

From the **Background/Fabric 1**, cut (8)  $6\frac{1}{2}'' \times 6\frac{1}{2}''$  squares. With the right side of the fabric up, use **Template Q** to cut (4) trapezoids and use **Template R** to cut (4) trapezoids.

- On the back of the Dark Fabric, mark the  $\frac{1}{4}''$  seam allowance of the angled seam (the start and end only) with a short line.



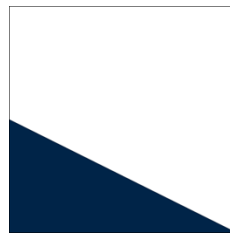
4. For the **“Uphill” Slope Block**: Place the **Dark/Fabric 4** (Template G) on the **Background/Fabric 1** (Template R), right sides together, aligning the edges. The line you marked should be positioned so that it touches the edge of the light fabric underneath. Pin in position.

For the **“Downhill” Slope Block**: Place the **Dark/Fabric 4** (Template H) on the **Background/Fabric 1** (Template Q), right sides together, aligning the edges. The line you marked should be positioned so that it touches the edge of the light fabric underneath. Pin in position.

5. Sew slowly and avoid stretching or pulling the fabric, as these are bias edges. Set stitching and press seams to the Dark Fabric (or open).
6. Make **(4) “Uphill” Slope Blocks** and **(4) “Downhill” Slope Blocks**.



**(4) “Uphill” Slope Blocks**



**(4) “Downhill” Slope Blocks**

7. Press the block and trim to  $6\frac{1}{2}$ ” x  $6\frac{1}{2}$ ”.

Happy Stitching!

Please share your progress pics on the sew-cial networks tag [@ghqg\\_south\\_africa](#) and [@compiodl](#)

Post with the hashtags [#GHQGMysteryQuilt](#) [#thecapewinelandsquilt](#) on Instagram and Facebook

You are welcome to contact me if you have any questions: [dlcompion@gmail.com](mailto:dlcompion@gmail.com)