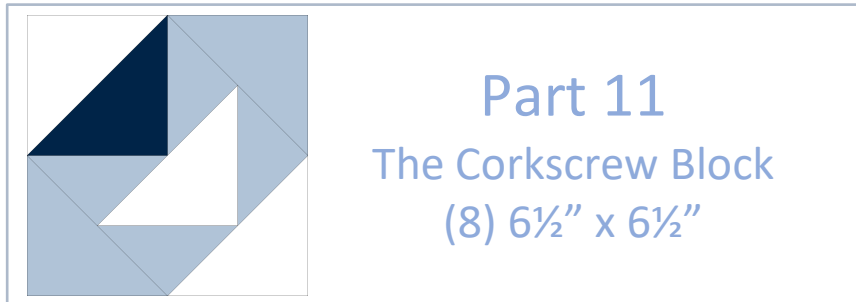


The Cape Winelands Quilt

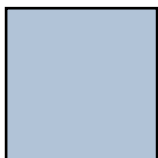


A corkscrew is a simple but essential tool for anyone who enjoys wine. Whether you're a casual drinker or a serious wine enthusiast, choosing the right corkscrew can make the experience of opening a bottle more enjoyable. From manual waiter's corkscrews to high-tech electric models, there's a corkscrew for every need and preference.

Make (8) 6½" x 6½" Corkscrew Blocks

OPTION 1: Foundation Paper Piecing (FPP)

Fabric requirements:



Light/Fabric 2
(8) 4½" x 4½"
(16) 3¼" x 3¼"



Dark/Fabric 4
(4) 4½" x 4½"



Background/Fabric 1
(12) 4½" x 4½"

I recommend using FPP to make these blocks since the fabric is cut on the bias. The paper gives support when making these blocks and minimizes distortion when assembling the quilt top.

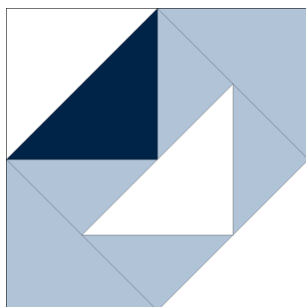
Please refer to the FPP instructions provided in Part 3.

1. Prepare (8) Corkscrew Block FPP patterns.
2. From the **Light/Fabric 2**, cut (8) 4½" x 4½" squares. Sub cut each of these Light/Fabric 2 squares along the diagonal to make (2) triangles, giving you (16) triangles. Cut (16) 3¼" x 3¼" squares. Sub cut each of these Light/Fabric 2 squares along the diagonal to make (2) triangles, giving you (32) triangles.

From the **Dark/Fabric 4**, cut (4) $4\frac{1}{2}$ " x $4\frac{1}{2}$ " squares. Sub cut the squares along the diagonal to make (2) triangles, giving you (8) triangles.

From the **Background/Fabric 1**, cut (12) $4\frac{1}{2}$ " x $4\frac{1}{2}$ " squares. Sub cut the squares along the diagonal to make (2) triangles, giving you (24) triangles.

3. Precut all the fabric and do chain piecing to speed up the process. Follow the **FPP instructions provided in Part 3** to make (8) Corkscrew Blocks.



(8) Corkscrew Blocks

4. Press the block and trim to $6\frac{1}{2}$ " x $6\frac{1}{2}$ ".

OPTION 2:

Fabric requirements:



Light/Fabric 2
(8) 4" x 4"
(16) $3\frac{3}{8}$ " x $3\frac{3}{8}$ "



Dark/Fabric 4
(2) $6\frac{1}{4}$ " x $6\frac{1}{4}$ "



Background/Fabric 1
(8) 4" x 4"
(2) $6\frac{1}{4}$ " x $6\frac{1}{4}$ "

Step 1: Four-At-a-Time Flying Geese Method

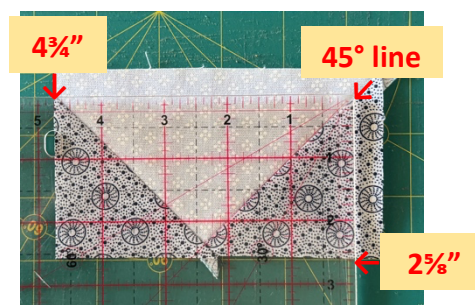
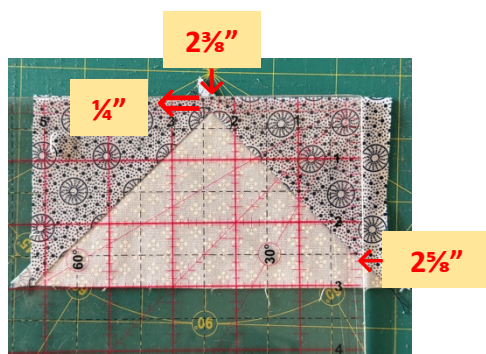
1. Take two of the **Light/Fabric 2** $3\frac{3}{8}$ " x $3\frac{3}{8}$ " squares and place them right sides together with the larger **Dark/Fabric 4** square (see diagram). They will overlap a little in the middle. Make sure that they are perfectly lined up on the corners. Use pins to secure the squares.
2. Use a marker pen and draw a diagonal line across the backs of the Light Fabric squares.
3. Stitch on both sides of the drawn line with a scant $\frac{1}{4}$ " seam allowance. Set the stitching by pressing the sewn line and cut along the drawn line.



4. Press the seams towards the Dark Fabric, to create (2) L-shaped units.
5. Take a **Light/Fabric 2** $3\frac{3}{8}$ " x $3\frac{3}{8}$ " square and place it right sides together on the **Dark/Fabric 4** triangle of the L-shaped unit. Line up the corners and pin in position.
6. Draw a diagonal line across the small square.



7. Repeat step 5 and 6 for the other unit.
8. Stitch both sides of the diagonal line with a scant $\frac{1}{4}$ " seam allowance.
9. Press to set the stitching and cut along the drawn lines.
10. Press the seams towards the Dark Fabric. Trim to $2\frac{5}{8}$ " x $4\frac{3}{4}$ ", removing dog ears and making sure there is $\frac{1}{4}$ " between the point and edge of the flying geese block.



11. Repeat steps 1 to 11 to make (4) more **Dark/Fabric 4** Flying Geese units and (8) **Background/Fabric 1** Flying Geese units with the remaining blocks.
12. Combine the **Dark/Fabric 4** and **Background/Fabric 1** Flying Geese units as in diagram and stitch together with $\frac{1}{4}$ " seam allowance.



13. Press to set the stitching and press seams towards the **Background/Fabric1** or open.
14. Make sure blocks measure $4\frac{3}{4}$ " x $4\frac{3}{4}$ ".

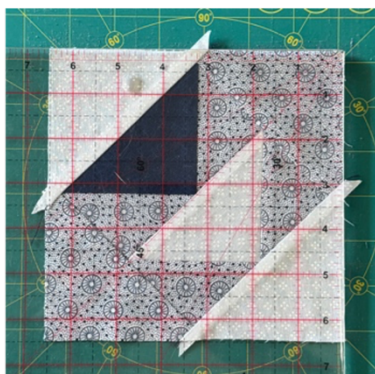
Step 2: Make (8) Diamond-in-a-Square Corkscrew Blocks

1. Sub cut the remaining (8) **Light/Fabric 2** 4" x 4" squares and (8) **Background/Fabric 1** 4" x 4" squares on the diagonal once to make (16) triangles of each
2. Finger-press the **Light/Fabric 2** triangles in half on the long sides. The sewn line joining the flying geese, indicates the centers of the sides of the squares.



3. Align the edge of the Flying geese square with the long edge of the **Light/Fabric 2** triangle, matching the center marks, right sides together. Pin to secure. You will notice that the triangles are slightly bigger than the squares. Repeat this step on the opposite side of the square. Prepare all the units in advance for chain piecing.

4. Chain piece the units using $\frac{1}{4}$ " seam allowance, with the square on top. Sewing with the square on top reduces distortion and shifting of the triangle's bias-cut edge, producing a much neater result.
5. Set the stitching (press the sewn line to settle the stitches into the fabric) and press seams to the outwards (or open).
6. Finger-press the **Background/Fabric 1** triangles in half on the long sides and the squares in half on opposite sides to determine the centers of the sides. You can also use a marker and measure the midpoints.
7. Follow the same steps as above and attached the remaining **Background/Fabric 1** triangles on the opposite sides of the flying geese squares. Again, you will notice that the triangles are oversized, so the ends will overhang the square.
8. Pin to secure and snip "dog ears" in line with the edge of the square. Repeat with all remaining units.
9. Chain piece with the square on top.
10. Set the stitching and press the seams to the side (or open).



11. Trim your Corkscrew Blocks to $6\frac{1}{2}$ " x $6\frac{1}{2}$ ": the cutting line should be $\frac{1}{4}$ " from the "diamond" points.

Happy Stitching!

Please share your progress pics on the sew-cial networks tag [@ghqg_south_africa](#) and [@compiodl](#)

Post with the hashtags [#GHQGMysteryQuilt](#) [#thecapewinelandsqilt](#) on Instagram and Facebook

You are welcome to contact me if you have any questions: dlcompion@gmail.com