



# Good Hope Quilters' Guild

*We cover the Cape in Quilts*



GHQG MEMBERS AUTOMATICALLY RECEIVE THE NEWSLETTER VIA EMAIL. AVAILABLE FREE TO READ ON OUR WEBSITE, NO SUBSCRIPTION NECESSARY. PLEASE SEND NEWSLETTER CONTRIBUTIONS TO: [ghqg.president@gmail.com](mailto:ghqg.president@gmail.com)

## PRESIDENT LETTER

JEAN DOWNING

Dear Good Hope Quilters...



All over, one hears a slogan for this year, as though we've been in a long sleep or a state of waiting, and now it's finally time to "come alive in '25". This is a year of purpose.

Each year, we speak of new beginnings and opportunities to do wonderful work with Patchwork. We do wonderful work anyway, but here's the challenge - are we giving purpose to our work? The question is posed not to overwhelm but to help us focus, to help us "come alive in '25".

There are plenty of ways to get involved and to share your work, for a purpose. Sometimes these opportunities have a large audience and a wide impact; and sometimes the challenge is in your own quilting group. You can choose where and how to expose your talent and our beloved craft; and if you know why you want to do it, you will not only achieve personally, but you will keep our craft alive. So, let's decide - this is the year we thrive.

Daar is menige maniere vir betrokkenheid en deelname om jou werk te deel met mening en doel en om geleentheid te bied aan 'n wye gehoor wat daarmee groot impak bring. Jy kan self besluit waar en hoe om jou talent en skeppings te openbaar. Die loon sal nie net persoonlike prestasie wees nie, maar ook die voortbestaan van ons kuns.

Challenge your group to achieve collective goals this year. Don't wait for someone else, be the inspiration your group needs.

Consider how you can encourage youth quilting. This is about more than showcasing quilting. This can encompass teaching, showing people how to empower themselves, and can go so far as to change someone's circumstances if we guide them on how to make a business out of what they learn. We don't need to know how to do all these things, but we do need to drive the process. Make it come alive!



On a bigger scale, during March, International Quilt Day allows us to open a window for the world to see and learn about what we do. It needs to be a vibrant experience which inspires curiosity and awakens action in the audience. You have a short while to think about how you can bring about action. Remember one drop can cause huge ripples. Don't be fearful of getting things started.

If you're ready to dive in, then the Fynbos Festival in October needs you. The committee needs volunteers of all kinds, no matter how small you think your involvement may be if you bring your willingness to serve and a big heart, you will make an impact. Contact Wilma or me to find out more.

In the spirit of celebrating festival, I'd like to challenge everyone to do the Glen Day quilt, which will be exhibited next year at the festival in Gqeberha.

Get into the swing of things straight away this year by diarising our 15 February meeting and taking up a small Valentine's heart challenge. I have included the pattern for you. Dress in red for the day and bring your works inspired by the colour red or by love. Come and share and show your Creations. You can make '25 come alive for others too.

In the year ahead, we promise to have worthwhile guest speakers, fun prizes, and interesting challenges. Most excitingly, we will have a mystery quilt designed by Dewald.

I hope you're feeling exhilarated to make 2025 alive and engaging but remember you do need personal time too. What better way than slipping away to Wellington between 20-23 March or a winter break to Hermanus between 26-29 June for a quilt retreat. Look out for details on these two events.

Wishing you a purposeful 2025!

Love

Jean

## QUARTERLY MEETING

# Saturday, 15 FEBRUARY 2025

Edgemoed Community Hall  
71 Edgemoed Drive, Edgemoed

**Time: 09h30 to 14h00**

**GHQG Members FREE**  
**Visitors R80**

[LINK TO GOOGLE MAPS](#)





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## WHAT TO BRING TO THE MEETING

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- Name Tag
- Membership Card (completed Membership Form and cash or POP, if not yet paid. Yoco payment available)
- **Dress in red for the day.**
- **Bring your works inspired by the colour RED or love.**
- **FOR THE DEMO:**
  - Red embroidery thread
  - Needles and usual hand stitching tools
- Donations for our charities, ensure all items are clean and do not have offensive odours.
- Fabric for the Community Groups.
- Library Books.
- **Visitors Welcome:** Admission R80

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## GROUPS OF THE QUARTER F.A.C.T. AND CREATIVE QUILTERS

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SHEILA WALWYN / SIMMY SCHOFIELD

Simmy (Simone Schofield) started CREATIVE QUILTERS in August 1999. Through her shop she found that many enthusiastic ladies were looking for a group to join and at the time the two other existing groups were full. A venue was found, and CREATIVE QUILTERS' first meeting was attended by 26 ladies. Since then, we have moved our venue to two different church halls and recently we moved to Trinity Presbyterian Church in Meadowridge.

We meet on the 3<sup>rd</sup> Saturday of every month from 2pm – 5pm. Because of the pressure put onto the same person to organise a varied meeting every month, we have divided our 42 members up into 6 small groups and each group gets to oversee their monthly meeting, providing tea and snacks, demo's, guest speakers and mini workshops.

After tea we always have SHOW AND TELL, and the works are photographed and sent out to the members after the meeting.

Our members have built up a wonderful friendship between us and we all really look forward to getting together.

F.A.C.T. (Fibre Artists Cape Town) was formed 17 years ago by a group of artists and quilt makers who wanted to pursue a different route of stitchery towards more of a fine art product. Some of us wanted to push our traditional quilt making to a different level and those who had previously worked in other artistic media wanted to try incorporating thread and fabric into their work. Over the years we have run mini workshops on monoprinting, working into organza with a soldering iron, producing works inspired by artists such as Rothko, making collaborative works in round-robin format, amongst others. For some years the group exhibited with other invited artists as F.A.C.T. and Friends at Nova Constantia. F.A.C.T.'s work was shown at the Stellenbosch Craft Art Gallery last year and currently the group has some work on display at the Art@39Long gallery in Groot Brak. We don't meet regularly but like to get together occasionally to view and be inspired by art exhibitions in the Cape Town, Stellenbosch and Hermanus areas, and to show work in progress.



## KRUMMEL QUILTERS

KARIN STEENKAMP

Krummel Kwilters was founded in 2019, starting out in a church hall. Back then, transporting bags of fabric and notions every month was quite a hassle. My husband and I decided to host the group at our home on Saturdays, and so our story began, gathering around the pool table in my lounge.

Today, we are a group of nine women, ranging in age from 51 to 86 years old. We make use of any "crumbs" of fabric donated to us by the generous ladies of the GHQG to create various projects I teach.

We were incredibly fortunate to receive larger pieces of fabric from Esmé Gent, and I'm thrilled to say we're using them for a big upcoming project—I can't wait for us to get started!

Every donation, no matter how big or small, is deeply appreciated and put to good use. I also make a point of sharing these fabric crumbs with other groups to help spread the joy of quilting.

## LITTLE QUILTS OF LOVE

RONEL PISTORIUS

**A heartfelt THANK YOU to all our groups and the Little Quilts of Love Ambassadors, that have supported our ambitious goal at The Little Quilts of Love, to make a profound impact by providing quilts to parents, grieving the loss of a baby.**

The handmade quilts serve as a tangible reminder to these parents that they are not alone, providing solace during an incredibly challenging time. Each quilt brings comfort and shows the recipients that others understand their pain.

Last year, we distributed 850 quilts, and we are determined to exceed this number in the coming year. Our ambitious goal is to distribute 1,000 quilts in 2025 reflects the dedication of quilters nationwide to this important mission.

We have also started a NPO in making donations for fabric possible. As soon as our banking account has been set up, we will communicate that.

For those wishing to join this movement, contacting Ronél provides a way to get involved, and the monthly meetups in Platteklouf offer a space for quilters to connect, share experiences, and support one another. Little Quilts of Love is a beautiful example of how small acts of kindness can create a significant, lasting difference. Ronél Pistorius, 072 476 7678, [littlequiltssa@gmail.com](mailto:littlequiltssa@gmail.com)



**BE PART OF THE MAGIC  
LET'S MAKE THE 2025 FYNBOS SHOW EXTRAORDINARY!**

WILMA HAVENGA



**We are beyond excited to announce the 2025 Fynbos Quilt Show, set to take place from 8-11 October 2025! This event is not just an opportunity to showcase stunning quilts and inspiring workshops but a chance to bring our quilting community together and introduce this beautiful craft to more people.**

Our past shows have been magical because of YOU—your creativity, your ideas, and your hard work. Now, we're counting on everyone's help again to make this show a success. Even if you've only been involved in smaller shows before, your experience, skills, and enthusiasm are exactly what we need to make this event truly special.

**Here's how you can get involved and help us create a show to remember:**

**1. Join the Show Committee or Subcommittees**

Whether you want to lead a team or simply lend a helping hand, there's a role for everyone. Let us know: What area you'd like to work on (e.g., workshops, vendor coordination, and marketing). Your strengths and why you'd be a great fit for the role.

**2. Help Us Find the Perfect Venue**

We need a venue that's within a 2-hour drive of Cape Town, with space for an exhibition, vendors, workshops, and affordable accommodations. Share your suggestions—we value your local knowledge!

**3. Reach Out to Your Network**

Think about your family, friends, and contacts. Do you know someone who could: Help with marketing or media? Sponsor part of the event? Connect us with youth or community groups? Design graphic artwork for promotion (great for a student's portfolio!)?

**4. Suggest Workshops and Teachers**

Tell us what you'd love to learn—this is your chance to shape the workshop lineup!



## 5. Propose a Show Theme

We need a theme that reflects current quilting trends and will capture the imagination of quilters and visitors alike. Whether it's a bold, contemporary idea or something timeless with a fresh twist, we'd love to hear your suggestions!

## 6. Share Your Ideas

We're open to any suggestions that could make this show even better.

### Why Should You Get Involved?

This show is not just about quilts; it's about community, creativity, and making a lasting impact. Imagine seeing the joy on a visitor's face as they admire your work or a beginner inspired to pick up quilting for the first time because of this show.

We know everyone's time is precious, but even a small contribution can make a big difference. Whether you can offer a few hours of your time or take on a larger role, your

involvement will ensure this event is something we'll all be proud of.

Let's make this a show to remember—a celebration of our craft, our community, and our passion for quilting.

Please send your applications, venue suggestions, theme ideas, and other contributions to me by 16 February. Together, we can make the 2025 Fynbos Show the best one yet!

Should you also still wish to participate in the postcard quilt swap with the Canadian group, please contact me urgently.

## LIBRARY

CINZIA BELEY

**As we all rushed into 2025, how much thought were you able to give to exploring the lesser-known quilting techniques and ideas available? Our Guild Library has a large range of books waiting to inspire, educate, and help you to “reinvent the wheel” this year in your own quilting journey! I invite you to make good use of the excellent books available and I also challenge each one of us to make at least 1 item from a book taken out!**

As the year begins, we are starting with a Postcard Swap with a sister guild in Canada. This promises fun, new relationships with fresh inspirations and a different perspective on how other people quilt; plus many other aspects. With this in mind, I have chosen 2 books to review in the hope that, for those who did sign up for the challenge, they will be able to spark new ideas! A fabric postcard is almost like a very-mini quilt, so to speak, and so the size presents its own challenges!



The theme for the postcard swap is “Welcome To My Country”, and one of the books I thought would be a great source of ideas is *Quilt Africa* by Jenny Williamson and Pat Parker. It's one of the books available in our newest Library Catalogue, South African books, written by our own South African quilters!

**Quilt Africa** has a myriad of ideas. There's so many template-options to use - from animals, people, and landscapes! Helpful techniques and tips can also be found in the book (even seasoned/experienced quilters need help sometimes). Gorgeous photography and easy to follow instructions make this a book to inspire any quilter, not just for the fabric postcard swap. Grab it before someone else does!

**The Quilted Object (making things with quilt art techniques)**  
by Ineke Berlyn

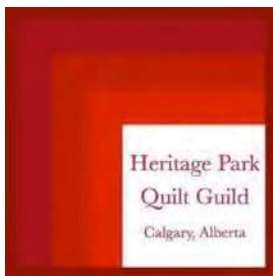
Another extremely inspirational book, which also happens to include a small Fabric Postcards section. A general idea of how a postcard swap works is given in the chapter's introduction as well as a variety of ideas for use in the making of a postcard.

You can definitely adapt these to fit the theme of our swap.

If you decided NOT to join the Postcard Swap - then you will still find this to be a really fun and idea-sparking book. It includes interesting takes on bags, 3-dimensional boxes, experimental techniques, and that “All-Important Thing”... finishing techniques! There's projects to fit the beginners’ to the experts’ hands and capabilities; so don't be shy to acknowledge your talents.

Let 2025 be your “Something Different” year!

## GHQG POSTCARD QUILT SWAP WITH HERITAGE PARK QUILT GUILD, ALBERTA CANADA



- Number of participants: 25 to 30. If there are more interested members, the Heritage Park Quilt Guild members are happy to double up.
- Theme: ‘Welcome to my country’ (something that would be ‘South African’ in design / fabrics)
- Size: 5” x 7” size
- Random draw / swap to select recipient. So who you are sending to, won't be who would be sending to you. A notecard / letter to accompany the postcard would be a ‘get to know your partner’.
- Entries: Complete the registration form and submit to [ghqg.secretary@gmail.com](mailto:ghqg.secretary@gmail.com) by 16 February 2025. Participation is free but the form must be submitted.
- Kick-off 15 February 2025 (Galentine’s Day). Hand in at May 2025 AGM.
- GHQG will arrange the postage to Canada ***Registration Form on the last page.***



## SEW CONSCIOUS: 13TH SAQG TRAVELLING

WILMA HAVENGA

The South African Quilters' Guild Travelling Exhibition showcases members' quilts, raising awareness of quilt making across the country. For about 18 months, the quilts travel to guilds, galleries, and exhibition spaces, reaching artists and the public alike.

**All GHQG members who are automatically SAQG are invited to create a quilt inspired by the theme 'Sew Conscious,' which encourages awareness of surroundings and intentional living. Quilts in traditional, modern, and art styles are welcome.**

The theme emphasizes the connection between values, perception, and action, encouraging participants to reflect on their worldview and express it through their work.

**Download the Entry Form from the SAQG website**

<https://www.quiltsouthafrica.co.za/2025-2026-13th-saqq-travelling-quilt-exhibition-23> or

contact Antoinette Kriel – [info@quiltsouthafrica.co.za](mailto:info@quiltsouthafrica.co.za)

**ENTRIES CLOSE: 15 February 2025**

## COUNTRY QUILTING

MARINDA DE WET



May this year bring kindness and softness to all of us, along with plenty of new quilters to share our passion and love for quilting.

A heartfelt thank you to everyone who has supported me since I opened my shop in 2012. Without quilters, quilting shops wouldn't exist, and your continued support means the world to me.

This year, I challenge each of you to recruit at least one new quilter to join our quilting family. Together, we can keep this wonderful craft alive and thriving for future generations.

I'm thrilled about all the classes and plans lined up for the shop this year. The highlight for me is always the Retreats I've hosted over the years. Due to popular demand, I'm excited to announce that in 2025, we'll be hosting not three but **four retreats**—one each quarter!





### Save the dates on your quilting calendar:

- **March 21–23**
- **June 20–22**
- **August 29–31**
- **November 21–23**

### Shop Hours:

- Tue, Wed and Fr from 10 to 4pm

More details about each retreat will be shared approximately a month before the event. Be sure to follow me on **Facebook** and **Instagram** for regular updates, class information, and news. You can also subscribe online at [www.countryquilting.co.za](http://www.countryquilting.co.za) or contact me via WhatsApp at **082 577 8792**.

## LUDAL INTERIOR

Louise Bruwer

**Lu-Dal**  
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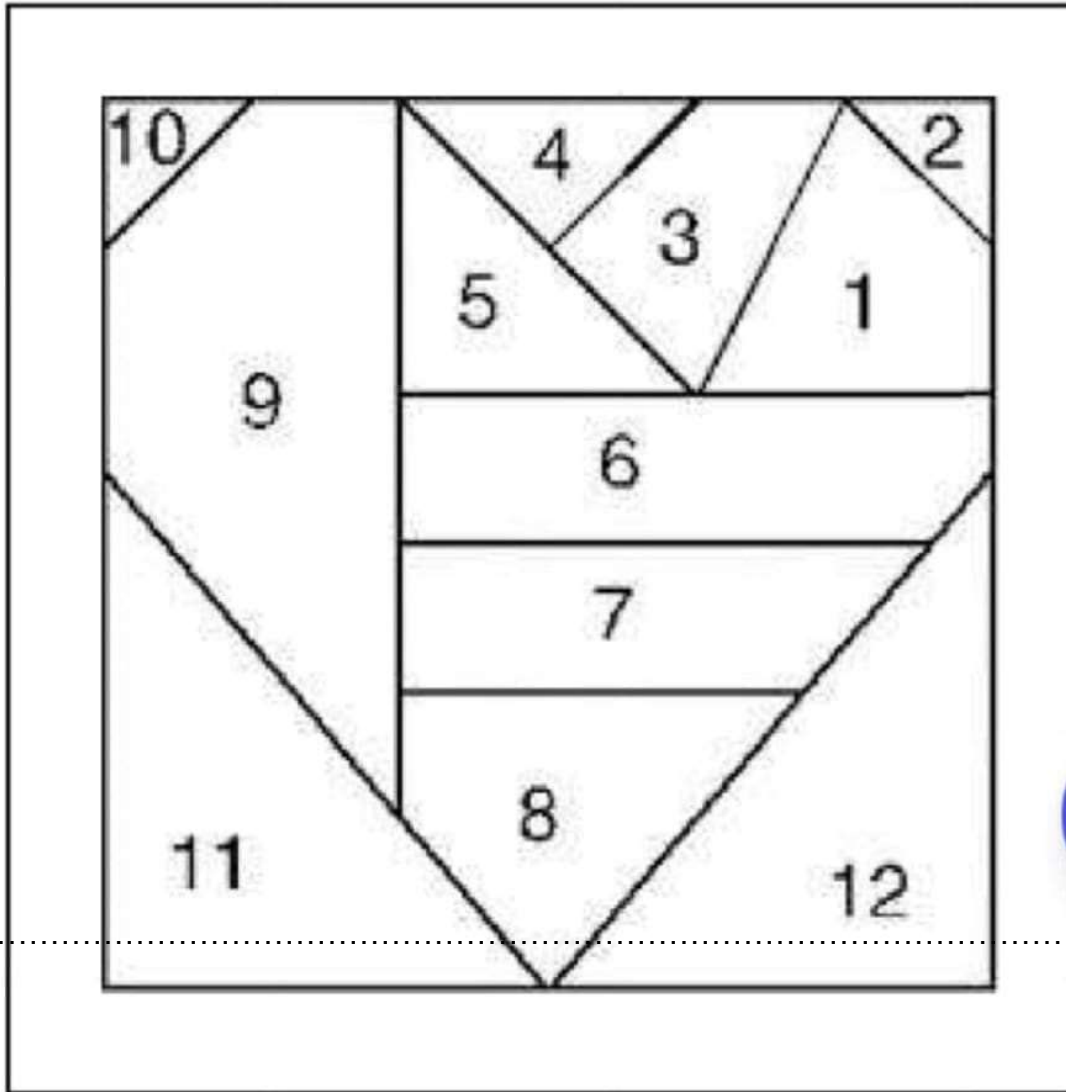
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## Valentine's heart challenge





## **AANSOEK OM LIDMAATSKAP VAN GOOD HOPE QUILTERS' GUILD - 2024-2025**

Gebruik DRUKSKRIF asb

Naam: ..... Geboortedatum: d..... m ..... y .....

Adres: .....

..... Poskode: .....

Tel nr (H)..... (W)..... Sel:.....

Epos adres: .....

Ledegeld: Hernuwing: ..... Nuwe Lid: ..... Erelid .....

Name van u groep(e): .....

Ons kwartaalike nuusbrieff en ander toepaslike kwiltverwante korrespondensie word met eposte uitgestuur.

Geteken..... Datum.....

**Elektroniese Betaling:** Standard Bank Pinelands - Rek no: 073027405 takkode: 036309

Gebruik u eerste naam en van as verwysing en stuur die voltooidde vorm en bewys van betaling aan Karen Nicole, [ghqq.treasurer@gmail.com](mailto:ghqq.treasurer@gmail.com)



**GOOD HOPE QUILTERS GUILD / HERITAGE PARK QUILT GUILD**  
**Postcard Swap – 2024 / 25**

Please fill in the questions below to let your swap partner know a little about yourself. Remember, who you are sending to won't be who you receive from!

**ALL REGISTRATION QUESTIONNAIRES to be submitted by 16 Nov. NOTE: If you wish to prepare and receive TWO postcards, please fill in two forms.**

NOTE: Please note the theme of this swap is **'Welcome to My Country'**, so GHQG will receive something about Canada and HPQG will receive something about South Africa. This is just so your swap partner learns a little bit about you.

My name is: \_\_\_\_\_

1) Favorite Colour(s): \_\_\_\_\_

2) Least Favorite Colour(s): \_\_\_\_\_

3) Favorite Activity: \_\_\_\_\_  
(other than quilting!)

4) Favorite Animal / Bird / Insect: \_\_\_\_\_

5) My Pet Is: \_\_\_\_\_

6) Favorite Holiday: \_\_\_\_\_

7) I collect: \_\_\_\_\_

8) Favorite Quilt Block: \_\_\_\_\_

9) Favorite Flower: \_\_\_\_\_

10) Instagram and Facebook addresses (if they are public). Your swap partner may creep you to gather some ideas about what to make for you. This is NOT mandatory, only if you want to provide / have them.

\_\_\_\_\_

11) I'm sure I'd love anything you do, but if I had a preference of something, it would be:

\_\_\_\_\_

A little bit about myself:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(continue on reverse if necessary)



## VENDORS AT THE QUARTERLY MEETING

### CAROL VAN TONDER

Long arm quilting services, custom and edge-to-edge. Handi Quilter agent for Western Cape and Handi Quilter technician servicing all HQ machines. Quilting Supplies.

CONTACT: Email: [carol.vantonder22@gmail.com](mailto:carol.vantonder22@gmail.com)



**CREATIVE NOTIONS** – Shop 2, Hemel-en-Aarde Village, Cnr R43 & R320, Sandbaai, Hermanus

CONTACT: 021-773-0145, 072-987-2512, Email: [info@creativenotions.co.za](mailto:info@creativenotions.co.za)



**FABRIC CENTRE** - 9 Ardeer Road, The Interchange, Somerset West

Everything Fabric - Home, Fashion and Haberdashery.

CONTACT: Hilary 021-851 5086, Email: [info@fabric-centre.co.za](mailto:info@fabric-centre.co.za), [Instagram](#)



**THE FABRIC CONTESSA** - Sandwyk Farm, Route 101, Paarl

Stock fabric. Notions. Patchwork and quilting classes. Tuesday to Friday: 9:00 to 15:00 Saturday: by appointment.

CONTACT: 076-450-3712, 072-610-2818, Email: [info@fabriccontessa.co.za](mailto:info@fabriccontessa.co.za), [Website](#)

**HOUTENLAP BK/WOODENRAG CC** - 24 Drommedaris Rd, Somerset West

Fabric, Books, Longarm Quilting and Classes.

CONTACT: Alma 021-852-1598, 083-724-5000, Email: [wolf@telkomsa.net](mailto:wolf@telkomsa.net)

**MNANDI TEXTILES AND DESIGN** - 90 Station Road, Observatory

African fabric, African ethnic clothing, and African textiles. Monday to Friday: 9am to 5pm; Saturday: 9am to 1pm.

CONTACT: Ilse 021-447-6814



**LU-DAL** - Spar Centre, Shop 23, Botrivierweg, Kleinmond

CONTACT: Louise 028-271-4001, Email: [lu-dal@cyberserv.co.za](mailto:lu-dal@cyberserv.co.za), [Facebook](#)

### QUILTY CARDS

Naïve appliqué pictures sewn onto a card. There are several card patterns available, as well as patterns for small wall hangings and quilts. Sticky Template Plastic is a sturdy self-adhesive material that makes it easy to make and use templates.

CONTACT: Carol 084-506-5258, 021-510-7705, Email: [carol.minshall@gmail.com](mailto:carol.minshall@gmail.com)



**SEW MUCH MORE** - Unit 1, 23 Northumberland Street, Oakdale, Bellville (basement below Creative Talents)

Proud dealer for Husqvarna Viking, sales and service sewing machines and overlockers. 100% Quilt Fabric, Haberdashery, Classes.

CONTACT: 021-811-5288, Email: [irma@sewmuchmore.za.net](mailto:irma@sewmuchmore.za.net), [Website](#)



**THIMBLES QUILTING SHOP** - 10 Gladstone Street, Durbanville

Stock a wide selection of imported 100% Cotton fabric. Haberdashery.

CONTACT: Suzelle 021-975-5001, Email: [admin@thimbleshop.co.za](mailto:admin@thimbleshop.co.za)



## 2025 MEETING SCHEDULE

15 February 2025, 10 May 2025, 9 August 2025, 8 November 2025

## COMMITTEE



**Good Hope Quilters' Guild**  
*We cover the Cape in Quilts*

### **PRESIDENT**

Jean Downing  
[ghqg.president@gmail.com](mailto:ghqg.president@gmail.com)  
079-268-2861

### **VICE-PRESIDENT & SECRETARY & SAQG REPRESENTATIVE**

Wilma Havenga  
[ghqg.secretary@gmail.com](mailto:ghqg.secretary@gmail.com)  
082-651-0289

### **TREASURER & MEMBERSHIP**

Karen Nicole  
[ghqg.treasurer@gmail.com](mailto:ghqg.treasurer@gmail.com)  
082-511-1659

### **EXHIBITION & DISPLAY**

Deidre Unser  
[unserdeidre@gmail.com](mailto:unserdeidre@gmail.com)  
073-900-6378

### **MEETING CONVENOR & GROUP LIAISON**

Jenna Hanekom  
[ghqg.groupliaison@gmail.com](mailto:ghqg.groupliaison@gmail.com)

### **LIBRARIAN**

Chin Beley  
[chin.beley@gmail.com](mailto:chin.beley@gmail.com)  
074-188-2259

### **HISTORIAN**

Dorothy Lubbe  
[dorothy@dotsquilting.com](mailto:dorothy@dotsquilting.com)

### **VENDOR LIAISON & COMMUNITY PROJECTS**

Karin Steenkamp  
[steenkamp59@gmail.com](mailto:steenkamp59@gmail.com)

### **EDUCATION**

Jean Tremlett  
[jeantremlett618@gmail.com](mailto:jeantremlett618@gmail.com)

### **MEDIA**

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083-290-7409



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