

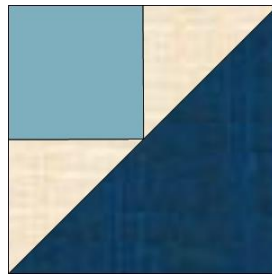


The Spice Route Quilt

Part 3

Flying Goose (Variation) Block

(8) 6½" x 6½"



MAKE (8) 6½" x 6½" FLYING GOOSE (VARIATION) BLOCKS

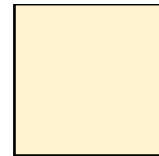
Fabric requirements and cutting chart:



Dark
(4) 7" x 7"



Medium
(8) 3½" x 3½"

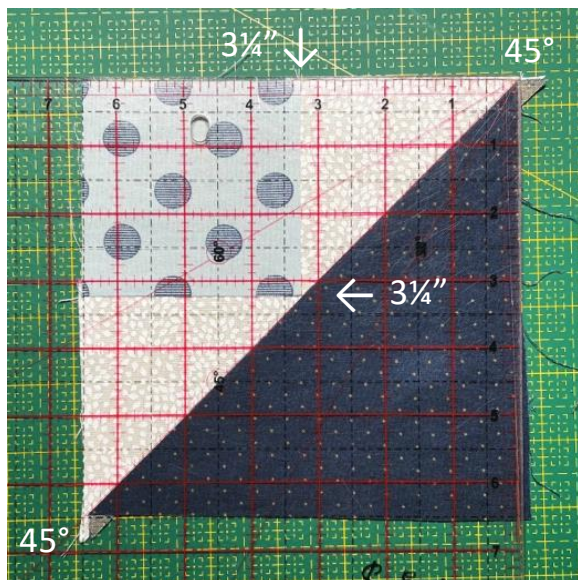


Light
(8) 3⅞" x 3⅞"

1. Sub cut each of the light squares along the diagonal to make (2) triangles, giving you (16) triangles.
2. Pair a light triangle with a medium square, right sides together. Align the edges and pin secure. The tip of the triangle will be slightly longer the square. Repeat for all.
3. Chain-stitch the units with a scant ¼" seam allowance.
4. Set the seams (press the stitch lines to allow the stitches to settle in the fabric) and press seams to the medium fabric.
5. Align the remaining light triangles on the other edge of the medium squares as above. Trim "dog ears" and chain stitch the units.
6. Set the seams and press seams to the medium fabric.



7. Sub cut the dark squares along the diagonal to make (2) triangles, giving you (8) triangles.
8. Pair a dark triangle with one of the sewn units, right sides together. Align along the long edges of the triangles. Pin to secure.
9. Chain-stitch the units with a scant $\frac{1}{4}$ " seam allowance. Take care not to distort the bias edge.
10. Set the stitching and press the seams to the dark fabric.
11. Trim block to $6\frac{1}{2}$ " x $6\frac{1}{2}$ ", using the diagonal seam line for alignment.



Place the 45° line of the ruler on the diagonal sewn line.

The corner of the medium unit should be at 3 1/4" x 3 1/4" ruler mark.

Trim block to 6 1/2" x 6 1/2".

Happy Stitching!

Please share your progress pics on the sew-cial networks tag @ghqg_south_africa and @compiond
Post with the hashtags #GHQGMysteryQuilt #thespiceroutequilt #thespicerouterecipes
on Instagram and Facebook

You are welcome to contact me if you have any questions: dlcompion@gmail.com