

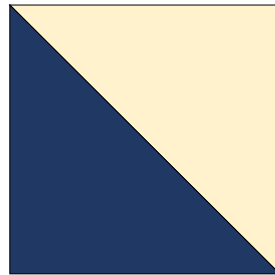


# The Spice Route Quilt

## Part 1

### Half-Square-Triangle Block

(8) 6½" x 6½"



MAKE (8) 6½ x 6½" HST's (Eight At A Time Method)

Fabric requirements and cutting chart:

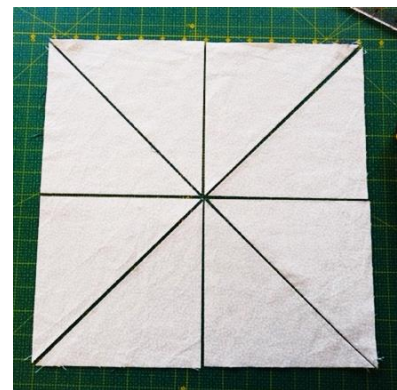
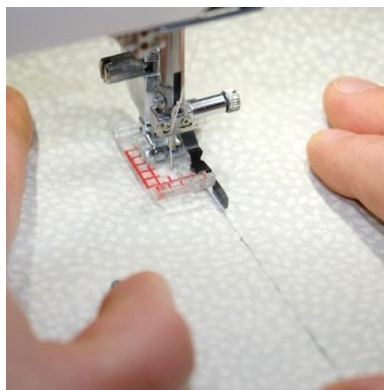


Dark  
(1) 14" x 14"



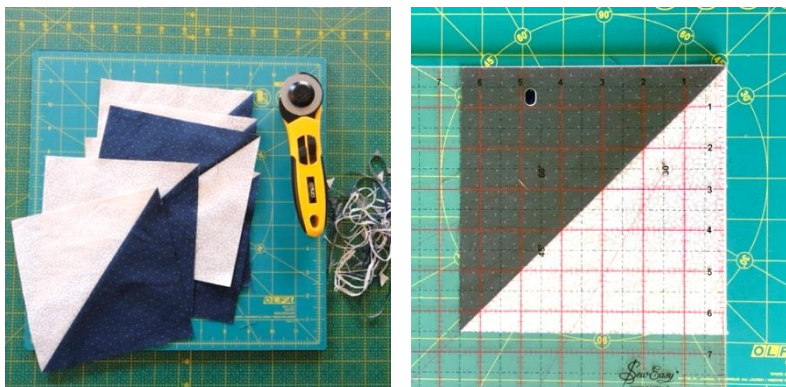
Light  
(1) 14" x 14"

1. Use a marker to draw two lines along the diagonals of the light fabric square.
2. Align the two squares, right sides together, and secure with pins.
3. Stitch on both sides of the drawn lines with a scant ¼" seam allowance.



4. Set the stitches by pressing the sewn lines to settle the stitches into the fabric.
5. Cut along the drawn lines, and across the vertical and horizontal halfway lines. Take care not to move the units while repositioning your ruler.

6. Press seams towards the dark fabric (or press the seams open) and trim the blocks to  $6\frac{1}{2}$ " x  $6\frac{1}{2}$ ". Make sure the  $45^\circ$  diagonal line on the ruler is directly on top of the diagonal line in the block.



### ALTERNATIVE METHOD

Fabric requirements and cutting chart:



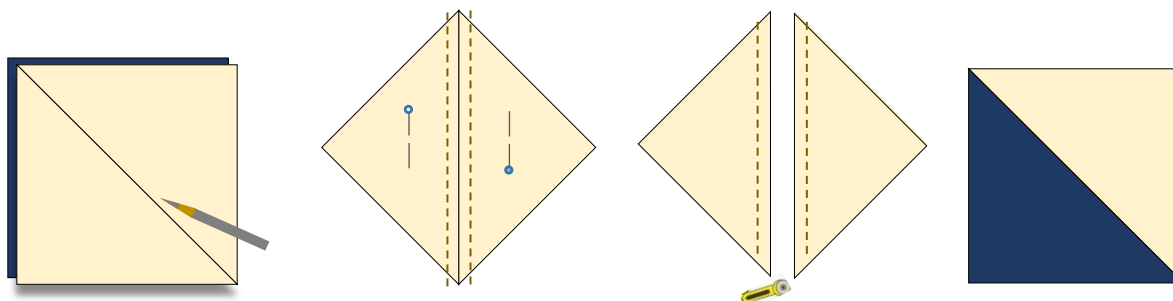
Dark  
(4) 7" x 7"



Light  
(4) 7" x 7"

### MAKE (8) $6\frac{1}{2}$ " x $6\frac{1}{2}$ " HST (Two At A Time Method):

1. Use a marker to draw a diagonal line from one corner to the other on each light square.
2. Pair the dark and light squares, right sides together, and align the edges. Secure with pins.
3. Chain-piece (feeding one unit after another without cutting the joining threads) to speed up the process. Stitch a scant  $\frac{1}{4}$ " seam allowance on one side of the line, and then repeat on the other side.
4. Set stitching by pressing the sewn lines to settle the stitches in the fabric and cut along the drawn line.
5. Press open towards the dark fabric (or press the seams open).
6. Trim the HST to  $6\frac{1}{2}$  x  $6\frac{1}{2}$ ".



## Happy Stitching!

Please share your progress pics on the sew-cial networks tag @ghqg\_south\_africa and @compiodl  
Post with the hashtags #GHQGMysteryQuilt #thespiceroutequilt #thespicerouterecipes  
on Instagram and Facebook

You are welcome to contact me if you have any questions: [dlcompion@gmail.com](mailto:dlcompion@gmail.com)