#### **ISSUE 145 – NOVEMBER 2023**





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#### PRESIDENT'S LETTER

JEAN DOWNING

# Dear Good Hope Quilters...

As the end of the year is fast approaching and we see holiday decorations out in the shops, it's time to reflect on what we have achieved and accomplished with our patchwork and quilting. Ek dink ook aan die kwilters wie nie meer met ons is nie en voel dankbaar vir die tyd en geleenthede wat ons gedeel het. My meegevoel is met enige lede wie die jaar 'n geliefde verloor het. I hope you find comfort in sweet memories.

I have had the chance to go away on some retreats and have gathered wonderful knowledge from my quilting friends. I encourage you all to take these opportunities when you can. The mystery quilt was also a lovely way to use normal blocks



that you may have made in the past. Sometimes the challenges set are not all met but don't let that dampen your enthusiasm to learn other techniques or how to make bags and accessories. These all add to our individual growth.

Another exciting thing for me is making quilt tops and seeing the outcome of the material and then how the quilting enhances the creation. It gives one a lovely feeling being able to create something beautiful, and when long-arm quilting is the best approach I'm always grateful to our quilters who offer this service and the care with which they do this. We can really admire the way they consider our work and find the best way to really intensify the designs.

The challenge to finish my PHDs (Projects Half Done) has been quite successful for me as I have completed more than half of them. I hope that you too have achieved the goals you set for this year.



Our next meeting is almost upon us and the theme will be Christmas, Hanukkah, Diwali or whichever way you celebrate the Festive Season. Please bring your quilts, tablerunners or any other Festive projects, finished or in the making, for our Show 'n Tell. Come dressed for the holiday season and there will be a prize for the person who has gone out of their way to dress up.

Die grootste uitdaging die jaar vir my persoonlik, was die oorneem van die rol as president - 'n uitdaging maar baie opwindend. Ek het nooit gedink dat ek my in so 'n belangrike posisie sou vind, maar nou is my grootste hoop dat ek al ons getroue lede, diegene met soveel meer ervaring as ek in die kwilterswêreld, wel kan inspireer en aanmoedig. There are still some openings on our committee, please consider whether you are willing to join our team and have some fun making a difference to the quilting world.

Wishing you all a safe and enjoyable break, ek wens almal 'n vreugdevolle seisoen and look forward to seeing you all at our February meeting.

Love, Jean

## **QUARTERLY MEETING**

# Saturday, 11 November 2023

Edgemead Community Hall 71 Edgemead Drive, Edgemead

Time: 09h30 to 14h00

GHQG Members FREE Visitors R80

LINK TO GOOGLE MAPS



#### WHAT TO BRING TO THE MEETING

- Name Tag
- Membership Card (completed Membership Renewal Form and cash or POP, if not yet paid)
- Basic Sewing Kit for the Festive Season Activities (see details below).
- Your Festive Season Quilts: Christmas, Hannukah, Diwali, Kwanzaa, etc.
- Your guilts for display and "Show 'n Tell".
- Donations for our charities are always welcome, please ensure all items are clean and do not have offensive odours.
- Fabric for the Community Groups.
- Library Books.
- Visitors Welcome: Admission R80



# FESTIVE PROJECTS AT THE MEETING

We have planned three super fun festive projects for our next meeting and you'll get to make all of them! All the materials will be provided for you, just bring your basic sewing kit and leave the rest to us.

#### **BASIC SEWING KIT**

- sewing needles
- sewing thread
- embroidery needle (sharp point, bigger eye)
- thimble
- fabric scissors
- pins
- fabric marking pen/pencil/Frixion/blue water soluble etc.
- chopstick or other tool for poking out corners
- two pretty buttons for decoration



## **GOURMET FOOD TRUCK**

#### JENNA HANEKOM

Kenako, time has come! In addition to the fabulous mobile coffee truck selling delicious coffee and treats, we have organized a super gourmet food truck. The food truck chef has put together a delicious menu to tantalize your tastebuds!

Give your Tupperware a rest this coming November and support this great initiative. No more rumbling tummies at home. Take-a-ways welcome!

- Breakfast Cup (muesli yoghurt fruit), Savoury Muffin, Sweet Muffin (Bran, Blueberry, Chocolate, Cappuccino) R18 per item
- Toasties or Open Sandwich, Chicken Mayo, Ham Cheese Tomato R30 per item
- Chicken Wrap, Chicken Sweet Chilli Quesadilla R40 per item

Come and enjoy your meeting carefree. Fabulous feast of food at copperpenny prices just for you!

## SAVE THE DATES

# 2024 MEETING SCHEDULE

-- 10 February -- 11 May -- 10 August -- 9 November --



#### **GROUP IN THE SPOTLIGHT**

# **SEASIDE QUILTERS**

#### MARGIE ADAMS

Seaside Quilters was founded in August 2012, and currently has 35 active members, and the Group Leader is Margie Adams.

We've created an inspiring and fun environment to meet with like-minded people. Friendships and conversations are easy!

Our work is celebrated each month through Show 'n Tell... usually we have a speaker or an activity. We all make Little Quilts of Love, we do retail and dump table therapy, enjoy a fabulous monthly tea, we love, laugh, share ideas and family stories, ask for help, teach, inspire and encourage each other to try new things and techniques.

Within our group - there are smaller home groups who do their own thing on a weekly basis – there is also a very active Fibre Arts group!

The occasional 'No-chores' Quilting Retreat, in Franschoek satisfies our urges to put in some serious sewing time. We've recently been on an outing to Kleinmond to enjoy the drive - shopped for fabric along the way, and fish 'n chips at the harbour washed down with wine.

and... for the adventurous there's always a trip to Bali. "Having just been on the recent 'jol' to Kleinmond and Somerset West put me in mind of my "Bucket List" Bali trip, same gees, FABRIC and fun, and an exchange rate that for once is on our side! Just loved all the creative activities on offer".

Seaside Quilters meet in Fish Hoek, the last Saturday of the month from 2 'til 5 at the NG Kerk Hall, Kommetjie Road, Fish Hoek. New members and visitors are always welcome!





### 2024 SOUTH AFRICAN QUILT FESTIVAL



The virtual brochure for the 22nd South African International Quilt Festival is live on the Festival website!

Bookings are open from 1 November. Be sure to check out the classes and functions... there are some amazing and very exciting events lined up!

Head over to <a href="http://saquiltfest2024.co.za/south-african-international">http://saquiltfest2024.co.za/south-african-international</a>

Congratulation to Dewald Compion who will be teaching three workshops:



- 1. Suikerbossie learn all the tricks of the trade of Foundation Paper Piecing with a difference. Make this Suikerbos Protea block which could form the basis of a bag, wall quilt or the beginnings of a larger quilt.
- 2. Botanical Echoes on Cloth Capture the splendour of nature on cotton as you learn to make your own unique prints on

fabric, using leaves and flowers in this fun hands-on workshop. Be prepared to be amazed by the natural beauty of botanical printing.



3. Walk the Talk - a fun day of walking foot quilting and leave with a stunning mini quilt and loads of confidence to tackle your next quilting project at home. This is a project designed by



Melissa Marginet from Canada and Dewald will share her fantastic walking foot quilting designs with you! Instructions for the mini quilt will be given before the class.



### CONTINUOUS THREAD NEEDLE CASE

DIANA VANDEYAR



Have you heard of a continuous thread needlecase? Me neither until I stumbled upon this awesome tutorial by Caro-Rose (link to tutorial here). It's a perfect accessory for hand stitching on the go and they make the cutest gifts.

I made three... they're quite addictive!

The first one I made with a pretty fabric and appliqued some left-over hexagons before assembling. I followed the size in the tutorial (cut 10" x  $3\frac{1}{2}$ "). The next one I improv pieced solid fabrics and made it shorter (cut  $7\frac{1}{2}$ " x  $3\frac{1}{2}$ "). For the third I used a couple of orphan quilt blocks.

I attached the yoyos (Suffolk puffs) with a ladder stitch (instead of a whipstitch) for a neater finish.

Use any fabric you have (plain or pieced) and embellish with applique or embroidery for a personal touch.

## TEXTILE TALKS



Textile Talks features weekly presentations and panel discussions from the International Quilt Museum, Quilt Alliance, Studio Art Quilt Associates, and Surface Design Association. We cover all things "textile" from cutting-edge contemporary art to historical quilt mysteries. Past guests have included Kaffe Fassett, Nancy Crow, Carolyn Mazloomi, Lena Meszaros, Ian Berry, Chiachio & Giannone, and a wide range of curators, researchers, and textile professionals.

Textile Talks are always free and open to everyone. The programs are held online at 2 pm Eastern/11am Pacific US and Canada (GMT/UTC -4) each Wednesday and last approximately one hour. All Textile Talks are recorded and posted on YouTube (playlist here), so you can view them at your own pace and dig deep into our archive of 150+ past talks. YouTube also provides autotranslated captions for many different languages. All of the information and links to sign up can be found on our website at www.SAQA.com/TextileTalks.



# QUILTING JOURNEYS GET TO KNOW THE GHOG COMMITTEE

# WILMA HAVENGA



Wilma is a self-confessed couch quilter and gadget collector, whose quilting time is restricted by her full-time career. Her earliest memories are of sewing with her mother and grandmother. She progressed from making doll clothes to making her own clothes and evening wear, and later her daughter's wedding dress.

She started quilting in 2000 when she made a (polycotton) Bible Blocks bed quilt for her parents. She loves attending workshops at Festivals and learning different techniques. Her favourite technique is combining raw-edge applique with thread sketching to create realistic pictorial art quilts with texture. Her travel experiences often form the inspiration for her quilts.

She has served as the GHQG Secretary since 2019 and is the current Vice President.

## **JEAN DOWNING**

In 1989 my sister-in-law asked if I wanted to learn to do patchwork. I started with Ethal Lawson in her home in Tableview. I learnt to do the sampler blocks and made it into my first quilt which I then gave to my eldest daughter. I was very taken by this new art that I had learnt and from there I learnt a lot of different skills. Making bags of all types and then a railway quilt for my youngest daughter.

I moved to Belgium and I found the material expensive in the beginning so I did not do patchwork for a few years. I met a fellow South African who got me started again and there I found my mojo and nothing could stop me.

I took up patchwork seriously and in 2010 I went to Houston to the Quilting Fair, where I learnt a few new techniques and the bug has not left me. I came back to South Africa and met Sheila Gradidge who introduced me to the Good Hope Quilters Guild, I didn't even know there was a Guild here. I met Jill McCarthy



at the meeting and through her I joined the Pine Needles group. I met some wonderful ladies there and I thank them for inspiring me to challenge myself and I was the Chairlady of the group for 2 years.



I have since become a member of the View Quilter, I am the chairlady of this group at present, and am a member of Creative Quilters. These groups have helped me grow. Simmy and I worked together at the Fynbos Festival when I first joined the Guild as a committee member, I started as the Vendor Liaison and loved my job. Ronel who was to become the President asked me to be her Vice, this would lead me to be the President when she stepped down. At the time I was not so sure that I was going to be able to do this job but am so happy that I have a wonderful committee who help me and the many friends behind me. I could never have been able to do this job without them. Thank you everyone who has been there for me.

# **JEAN TREMLETT**



I was introduced to guilting at the age of 15. My mother's friend from Gauteng showed me how to do EPP... from making the template to folding the fabric over the cardboard. I was hooked. In 1983 I made a hexagon quilt using any thing that I could get my hands on. I did not have a clue as to what I was doing. It was not even quilted. It eventually disintegrated. A shop opened in Claremont called the Patchwork Shop. They were offering classes to make 5 pillows. It was the first time that I had seen American fabrics. After I had done my midwifery training, I met Joy McPherson, she was one of my colleagues. She was a quilter and introduced me to Jenny Hermans. I joined the Pins and Needles group. I also joined the GHQG in 1990. I became a member of View Quilters a little while later. One of the first classes I did was foundation method piecing with Jenny. I still love this form of patchwork. Ethel Lawson also encouraged me to try my hand at free motion quilting. This is something that I

really love. I started art classes, first fabric painting and then learning to draw and paint in oils. I enjoy learning new skills, from making bags, slow stitching and making teddy bears.

#### **BABY SPICE QUILT**

Have you seen the Baby Spice Quilt pattern on our <u>website</u>? It's a Foundation Paper Pieced miniature "Spice Route" quilt, finishing at a tiny 19" x 19".

Oh, and check out Aunty Ansie's Milk Tart recipe, yum!









### **VENDORS AT THE QUARTERLY MEETING**

#### **CAROL VAN TONDER**

Long arm quilting services, custom and edge-to-edge. Handi Quilter agent for Western Cape and Handi Quilter technician servicing all HQ machines. Quilting Supplies.

CONTACT: Email: carol.vantonder22@gmail.com



#### **COUNTRY QUILTING - Villiersdorp**

We have a vast range of fabrics as well as a Coffee Corner where you can relax while you shop for fabric. You are always welcome to call me for an appointment outside shop

CONTACT: Marinda 082-577-8792 or 028-840-2109, <u>Facebook</u>



FABRIC CENTRE - 9 Ardeer Road, The Interchange, Somerset West Everything Fabric - Home, Fashion and Haberdashery.

CONTACT: Hilary 021-851 5086, Email: info@fabric-centre.co.za, Instagram



#### THE FABRIC CONTESSA - Sandwyk Farm, Route 101, Paarl

Stock fabric. Notions. Patchwork and guilting classes. Tuesday to Friday: 9:00 to 15:00 Saturday: by appointment.

CONTACT: 076-450-3712, 072-610-2818, Email: info@fabriccontessa.co.za, Website



## HOUTENLAP BK/WOODENRAG CC - 24 Drommedaris Rd, Somerset West

Fabric, Books, Longarm Quilting and Classes.

CONTACT: Alma 021-852-1598, 083-724-5000, Email: wolf@telkomsa.net



#### MNANDI TEXTILES AND DESIGN - 90 Station Road, Observatory

African fabric, African ethnic clothing, and African textiles. Monday to Friday: 9am to 5pm; Saturday: 9am to 1pm.

CONTACT: Ilse 021-447-6814



LU-DAL - Spar Centre, Shop 23, Botrivierweg, Kleinmond

CONTACT: Louise 028-271-4001, Email: lu-dal@cyberserv.co.za, Facebook



#### **QUILTY CARDS**

Carol Minshall's naïve appliqué pictures are sewn onto a card. There are several card patterns available, as well as patterns for small wall hangings and quilts. Sticky Template Plastic is a sturdy self-adhesive material that makes it easy to make and use

CONTACT: 084-506-5258, 021-510-7705, Email: carol.minshall@gmail.com



SEW MUCH MORE - Unit 1, 23 Northumberland Street, Oakdale, Bellville (basement below Creative Talents)

Proud dealer for Husqvarna Viking, sales and service sewing machines and overlockers. 100% Quilt Fabric, Haberdashery, Classes.

CONTACT: 021-811-5288, Email: irma@sewmuchmore.za.net, Website



THIMBLES QUILTING SHOP - 10 Gladstone Street, Durbanville

Stock a wide selection of imported 100% Cotton fabric. Haberdasherv.

CONTACT: Lynette 021-975-5001, Website



## COMMITTEE



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#### 2024 MEETING SCHEDULE

-- 10 February -- 11 May -- 10 August -- 9 November --



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