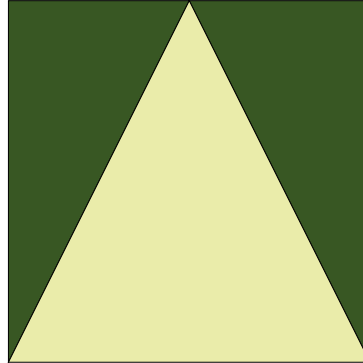


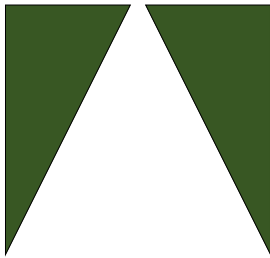


Greenmarket Square - PART 6

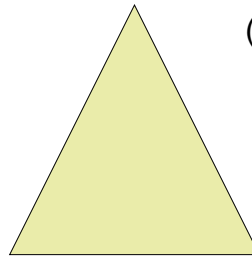
Triangle-in-a-Square Block



For (1) Block:



(1) left triangle
(1) right triangle



(1) triangles

MAKE (24) Triangle-in-a-Square Blocks

You can make these blocks with three different techniques:

Method 1: Templates.


Method 2: Foundation Paper Piecing (FPP). However, since this FPP pattern is wider than an A4 piece of paper, you will need to join the FPP pattern; this is obviously doable but will require lots of paper.


Or there is another technique to try:

Method 3: Freezer Paper FPP. Using freezer paper FPP creates a reusable pattern and saves on paper.

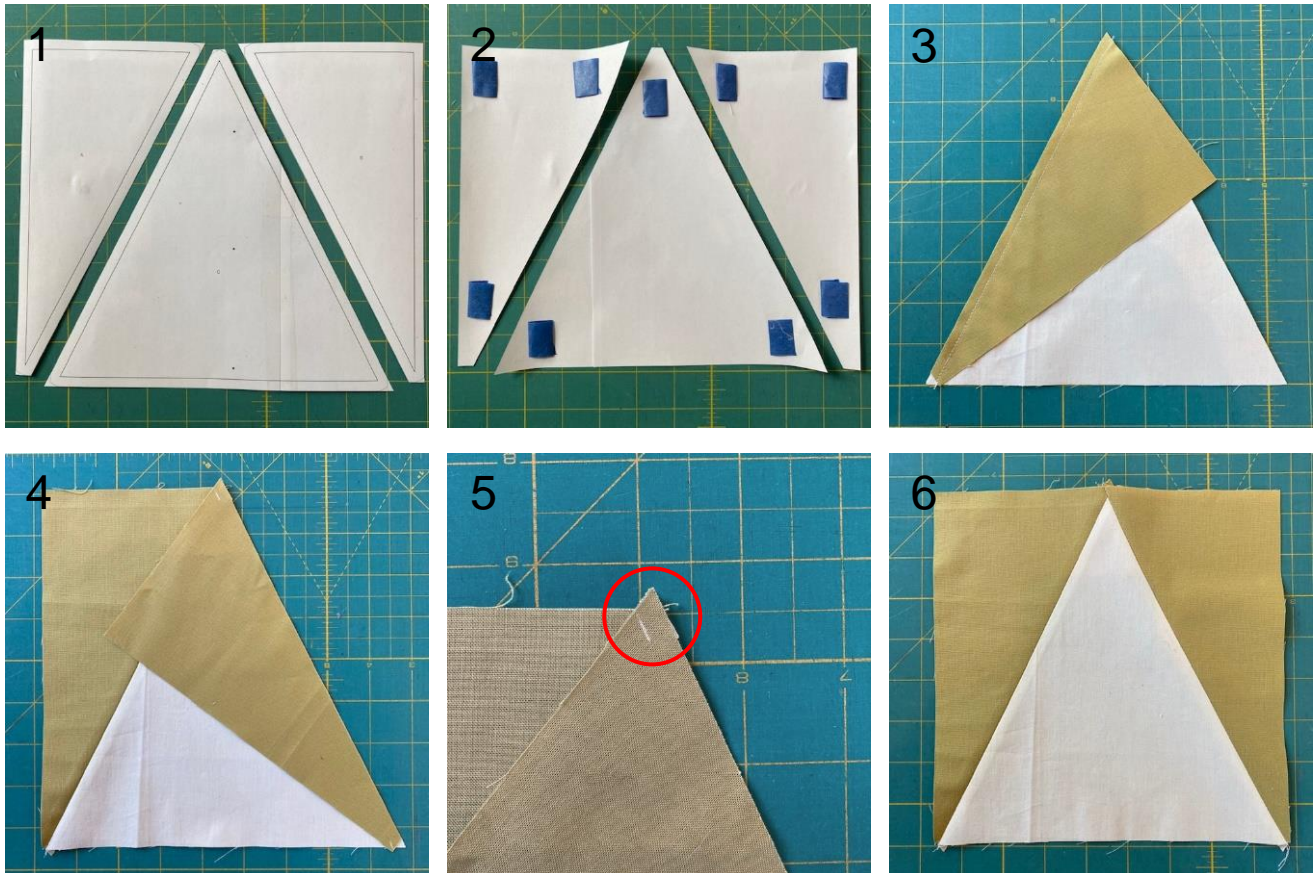
Method 1: Templates

Summary Cutting Chart for (24) Blocks

 Dark: 8½" width of fabric
(48) triangles



 Light: 8½" width of fabric
(24) triangles

1. Print templates document “Part 6 – Templates”.
2. The technique is the same as the Double Triangle Blocks in Part 3. Refer to the Template technique directions in Part 3 for details.
3. Set the stitching (press the sewn line of stitching so that the stitches settle into the fabric). Press seams open (or to the dark fabric).



Tip: When aligning the top of the second dark fabric triangle, it should align with the dog-ears of the previously sewn dark triangle (photo 6,7).


Method 2: Foundation Paper Piecing (Standard)


Summary Cutting Chart for (24) Blocks	
 Dark: 9" width of fabric (48) triangles	 Light: 9" width of fabric (24) triangles

1. Print (24) copies of the FPP document “Part 6 – FPP”.
2. This technique is the same as for the Double Triangle Blocks in Part 3. Refer to the FPP technique directions in Part 3 for details. This FPP pattern is wider than an A4 piece of paper, so you will need to join the two pages before proceeding.

Method 3: Freezer Paper Foundation Paper Piecing

Summary Cutting Chart for (24) Blocks

 Dark: 9" width of fabric
(48) triangles

 Light: 9" width of fabric
(24) triangles

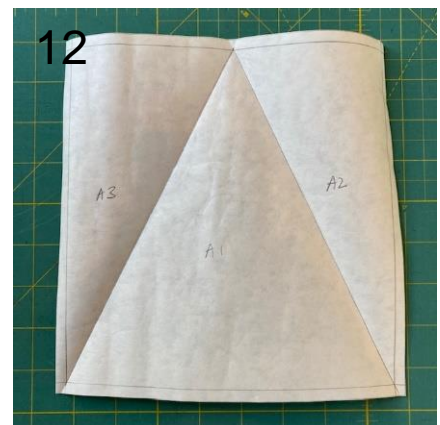
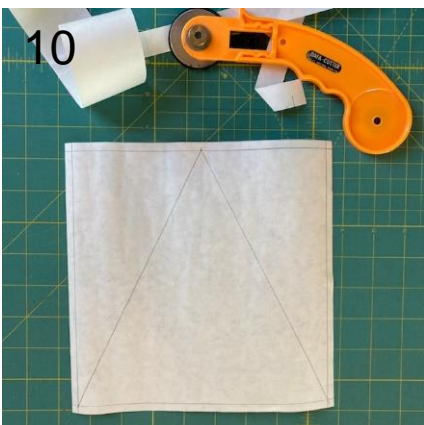
Freezer Paper FPP is like regular FPP, but instead of sewing on the printed line through the paper, you sew very close to the folded edge of the freezer paper. You do not need to shorten your stitch length because you will not be ripping out the paper.

Using freezer paper creates a reusable pattern. Since this pattern is larger than an A4 page, we will need to draft the pattern onto the freezer paper (old school), but it is not difficult, and you only need to do it once. (If the pattern was small enough to fit within an A4 page we could print directly on the paper side of the freezer paper, see further details at the end of this document).

1. Draw an 8" x 8" square onto the paper side (not the shiny, waxy side) of the freezer paper (photo 7).
2. Measure and mark the top middle of the square at the 4" mark.
3. Draw two lines from the top middle to the bottom corners (photo 8).



4. Draw in the 1/4" seam allowance (photo 9).



5. Trim the freezer paper. Use paper scissors or a rotary cutter used for paper only (photo **10**). Make sure that your pattern measures 8½” x 8½”.

6. Fold along each sewing line (from the paper side); this provides a visual guide to where the fabric needs to be placed and the line you will be stitching near. Use a piece of hard plastic (like template plastic) or a thin card to provide a sharp edge to fold against (photo **11**).

7. Write in the A1, A2 and A3 sections onto the freezer paper pattern (photo **12**).

8. You can use the template pieces (document “Part 6 – Templates”) as a guide for pre-cutting your fabric. Rough cut around the template pieces with an extra ¼” to ½” margin; this will give you some added fabric for easily covering the FPP pattern.

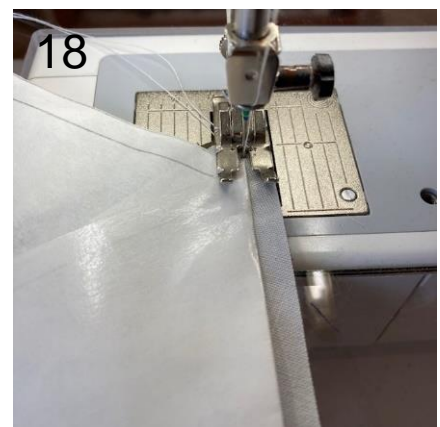
9. With the A1 fabric right side up, iron the central triangle to the waxy side of the freezer paper; this temporarily holds the fabric in place. Do not touch the iron to the shiny-waxy side of the freezer paper; it will melt the wax and cause a mess (photo **13**).



10. Fold back the freezer paper at the A1/A2 seam (photo **14**) and trim the first seam allowance ¼” from the folded edge. You can use a regular ruler or an “Add-A-Quarter” ruler (photo **15**).

11. Align the edge of fabric A2 to A1, rights sides together. Pin fabric a good distance from the sewing line so the pins do not interfere with the presser foot or distort the edge (photo **16**). Fold back the freezer paper out of the way (photo **17**).

12. Start sewing from the edge of the pattern right next to the edge of the folded freezer paper (photo **18**). You do not need to shorten the stitch length. Do not sew onto the freezer paper; your needle should slightly graze the edge of the folded freezer paper (photo **19**).



13. Remove the pins and check your seam and retrim if necessary. Fold back the freezer paper and the A2 fabric making sure all is smooth and flat. Press A2 fabric onto the freezer paper. Press from the front and back to ensure the fabric is well fixed to the freezer paper (photo 20).

If you want to maintain a purist “press seams open” policy, you can ease the freezer paper from the seam area and press the seam open. Then press the A2 fabric back onto the freezer paper.



14. Repeat the process, adding fabric A3 to A1 (photo 21). Fold back the freezer paper and trim the seam allowance (between A1 and A3) ¼” from the folded edge (photo 22). Align the edge of fabric A3 to A1. Pin the fabric a good distance from the sewing line so that the pins do not interfere with the presser foot (photo 23).



15. Sew along the freezer paper fold, from the outer edge to the outer edge (photo 24). Retrim seam allowance, if necessary. Fold back the freezer paper and the A3 fabric making sure all is smooth and flat.



16. Press A3 fabric onto the freezer paper, front and back (photo **25**). As above, if you want to maintain a purist “press seams open” policy you can ease the freezer paper from the seam area and press the seam open. Then press the A3 fabric back onto the freezer paper.

17. Trim the block (do not cut the freezer paper) (photo **26**).

18. Remove the freezer paper and reuse it for the next block. If your freezer paper pattern loses its sticking ability, you can redraw another pattern.



* * * * *

Something to consider for future FPP projects:

Any Foundation Paper Piecing (FPP) pattern can be made with freezer paper FPP. And if the pattern fits onto an A4 page, it can be printed directly onto the paper side of the freezer paper with an **Inkjet printer**. The freezer paper can be cut to A4 size and feed into the printer like regular paper.

If your Inkjet printer has difficulty feeding the freezer paper, try this: Iron the top edge of the freezer paper (about ½”) onto a piece of printer paper. This is the edge that should be fed into the printer.

DO NOT print freezer paper FPP patterns on a Laser printer; the waxy coating will melt and damage the printer.

* * * * *

Take your time and enjoy the process!

Share your progress photos on Facebook and Instagram. Tag the @ghqg_south_africa and @dianavandeyar and post with the hashtags #GHQGMysteryQuilt #greenmarketsquarequilt so everyone can find your awesome work!

If you have any questions, please do not hesitate to contact me, diana@vandeyar.net